



Mendocino County
Department of Social Services
Healthy People, Healthy Communities
Bekkie F. Emery, Director
Memorandum



Division: Family & Children's Services

Contract Info: Agreement with First 5 Mendocino to provide Positive Parenting Program (Triple P) classes upon full execution of Agreement to June 30, 2024

Amount: \$55,347

Meeting Date: February 6, 2024

History: First 5 Mendocino introduced Positive Parenting Program (Triple P), an evidence-based program, to Mendocino County over ten years ago for families with questions about young children's behavior. The Triple P program has now evolved to help families with children of all ages find positive solutions to child behavioral problems and help with children who have a development delay or disability. Triple P is the parenting education curriculum adopted by Family & Children's Services (FCS) as part of the Child Welfare Services System Improvement Plan (SIP) for parents and caregivers involved with FCS, and for the general community to help prevent and reduce child abuse and neglect.

First 5 Mendocino is the only agency in the county that provides and coordinates training certification for Triple P instructors, which helps ensure fidelity to the training model. At the request of FCS, First 5 Mendocino has continued to expand the offering of Triple P classes countywide, through virtual platforms and in Spanish. The classes covered through this proposed Agreement will be available free of charge to any parent, caregiver or individual working with children and youth in Mendocino County to help prevent and reduce child abuse and neglect, and to assist FCS in providing parenting education to families who are in formal cases with FCS. In addition, the Mendocino County Family Law Court refers parents who are separating to the Transitions Group, which assists parents to adjust and manage the transition from a two-parent family to a single-parent family or different family dynamic. Per post-tests, most participants who complete Triple P groups rated decreases in acrimony, stress, anxiety, depression, and coercive parenting and increases in parenting consistency, positive encouragement, and parent-child relationship.

Funding: Federal, State and Realignment funding- Community Based Child Abuse Prevention (CBCAP), Child Abuse Prevention, Intervention and Treatment (CAPIT), and Promoting Safe and Stable Families- Community Based Family Support (PSSF- FS).

Numbers served through this agreement:

In Fiscal Year 22/23, 24 classes were taught including 6 in Spanish and had a total of 91 participants. In Fiscal Year 21/22, 20 classes were taught including 4 in Spanish and had a total of 76 participants.