



Mendocino County
Department of Social Services
Healthy People, Healthy Communities
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Family & Children's Services
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Background & Summary Information

Social Services- Family & Children's Services Proposed Agreement with Chabot-Las Positas Community College District for FY 23/24, \$1,500,000
Consent Item 3ag on June 20, 2023 Board of Supervisors Agenda

History: Mendocino County Department of Social Services- Family & Children's Services has been contracting with Chabot-Las Positas Community College District (CLPCCD) since Fiscal Year 2008/09 and began as a \$300,000 contract for subcontractors FIRST 5 Mendocino and Redwood Community Services. It has grown since then to expand the amount, diversity of trainings, audience reach and subcontractors. Chabot-Las Positas Community College District also has contracts for the same purpose with Alameda, Amador, Calaveras, Humboldt, Lake, Solano and Tuolumne Counties.

The funding process: The Chabot-Las Positas Contract funds trainings for our community and no cost to the County. Trainings are reimbursed by the federal government through Title IV-E of the Social Security Act at 75% for most direct training expenses and 50% for administrative expenses. Chabot-Las Positas Community College District, an eligible educational institution, provides the required match to the federal funds to ensure the County receives full reimbursement for eligible training expenses. Training activities are billed to Chabot-Las Positas Community College District who invoices the County. The County pays the invoice and then submits a claim to the State for reimbursement. The end result is a net zero cost to the County for the trainings as Chabot accepts the reimbursed rate and their share in in-kind for payment.

Purpose: To provide training to eligible individuals and organizations who serve Title IV-E of the Social Security Act eligible children (in foster care or at risk of foster care) and their families to improve outcomes. Training builds comprehensive and consistent skills in staff, providers and caregivers serving foster youth and their families to increase safety, permanency and wellbeing of Mendocino County's foster children and youth. Individuals and organizations who are eligible to attend such trainings include:

- Staff of County Child Welfare Agencies (includes Juvenile Probation staff who serve foster youth)
- Juvenile Dependency court staff
- County Child Welfare agency attorneys (County Counsel)
- Attorneys representing children or parents in Juvenile Dependency court proceedings
- Court-Appointed Special Advocates representing children in Juvenile Dependency court proceedings
- Individuals who are invited, contracted or voluntarily participate

in support of the child and family as long as they are doing so at the request of the County Child Welfare Agency

- Parent/Family Support Partner individuals or organizations
- Faith-based community organizations
- Current and prospective adoptive and foster parents
- Extended family members, caregivers and non-caregivers
- Tribal Indian Child Welfare Act workers
- Licensed child care providers
- State licensed child care institutions that care for foster or adoptive children
- Providers of visitation services
- Providers of domestic violence and child abuse services
- Regional Center staff
- Licensed medical staff
- Providers of mental health services/ licensed counselors
- Educational providers and advocates
- CalWORKs Linkages staff

How funding may be used: Funding may be used for curriculum development and/or purchase, instructor fees, venue fees, supplies and materials, conference and travel expenditures, other expenses related to trainings and cost of personnel needed for coordination of these trainings.

Current subcontractors: Chabot contracts with FIRST 5 Mendocino, Redwood Community Services, Tapestry Family Services and Mendocino County Family & Children's Services. The Mendocino County Youth Project had also been a subcontractor for several years, but opted to discontinue in FY 2022/23 due to their staffing changes and lack of capacity to continue with their subcontract. Below is the proposed funding plan for how the contract, if approved, would be used in FY 2023/24 based on proposed training plans:

- Redwood Community Services (RCS): \$501,011.05
- FIRST 5 Mendocino (F5): \$496,114.68
- Mendocino County Family & Children's Services (FCS): \$166,731.70
- Tapestry Family Services (TFS): \$107,329.00
- Chabot-Las Positas Community College District: \$228,813.56 (the district's overhead and operational costs to maintain the subcontracts and county training requests)

Number of trainings funded annually through this agreement: FY 2021/22- 3,680 hours of training were provided, covering approximately 66 different topics. In addition, funding supported attendance for participants at approximately 26 conferences/learning activities held in-county, virtually or in out-of-county locations (see attached complete list of trainings and conferences for FY 2021/22). FY 2022/23 is on track for an equal or higher number of trainings.

Number of training participants annually through this agreement: FY 2021/22- trainings served 5,118 participants. This number reflects the total number of training attendees, not unique individuals as many training participants attend more than one training. FY 2022/23 through the end of Quarter 3- trainings served 3,093 participants.

Types of trainings provided annually through this agreement: Trainings and conferences funded through this agreement are in the categories of Arts and Activities, Behavioral Strategies, Child Development, Child/Youth Care, Cultural Awareness and Responsiveness, Family Engagement, Health and Safety, Trauma, Working with Youth in the Community, Substance Use and Abuse, Training for Caregivers/Resource Families and Technical. Each subcontractor has a specific focus and quarterly to semi-annually collaborative meetings occur between CLPCCD and subcontractors to ensure cross-coordination and collaboration of training plans to avoid duplication, or focus trainings on specific target audiences.

Redwood Community Services uses their funding to support training for their Foster Family Agency, Short Term Residential Therapeutic Program and clinical staff and resource parents. Most trainings are also open to all eligible participants, not just RCS staff/resource parents. Training topics generally focus on older children, pre-teens, teens and transition age youth. Many of the training topics are provided monthly to provide many opportunities for eligible participants to attend training on specific topics throughout the fiscal year. Examples of how RCS has used their funding in FY 2022/23 include:

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| • Addressing Commercial Sexual Exploitation of Children | • Mandated Reporting | • Mindfulness Strategies to Promote Emotional Development and Well-Being |
| • Adult, Child, and Infant CPR/AED/First Aid | • Foster Youth Bill of Rights and Prudent Parent Standards | • Monitoring Medication and Side Effects with Youth |
| • Association of Children's Residential and Community Services Conference | • Foster Youth Reproductive and Sexual Wellness | • Motivational Interviewing |
| • Basic Water Rescue | • Helping Clients Attain Safety from Trauma and Substance Use | • Layperson Naloxone Administration-Prevention and Intervention Strategies for Keeping Families Safe from Overdose |
| • Collaborative Problem Solving | • Impact of Domestic Violence on Youth | • Parent Effectiveness Training |
| • Compassion Fatigue and Vicarious Trauma | • Implementing Trauma Informed Strategies with Clients in the Work Setting | • Professional Assault Crisis Training (Pro-ACT) |
| • Coping with Dysregulation | • Improving Client Communication to Create Better Relationships | |
| • Crisis Communication | • Insight to Understanding Behaviors | |
| • Ensuring Youth Safety by Understanding | | |

- Question, Persuade, Refer Suicide Prevention
- Removing Shame and Stigma- Understanding the Brain and Disease of Addiction to Support Foster Youth
- Strategies to Support Youth Who Self-Harm
- Strategies Using Tactile Activities for Children and Youth
- Supporting Children with ADHD, Autism and More
- Supporting LGBTQ+ Youth in Care
- Supporting Native American Youth in Care
- Supporting Caregivers and Providers with Trauma Histories
- Therapeutic Foster Care
- Trauma Healing by Understanding the Imprint on the Body, Mind and Soul
- Trauma Informed Care
- Understanding Youth Safety in Residential Settings
- Utilizing Experiential Learning to Strengthen Families

FIRST 5 Mendocino uses their funding to support training for all eligible participants. Topics of their trainings generally focus on children ages 0 to 5, such as early childhood development and parenting, although not exclusively. Examples of how FIRST 5 has used their funding in FY 2022/23 include:

- Community Resilience Model training
- FIRST 5 Annual Summit
- Healthy Outcomes from Positive Experiences (HOPE) Workshops
- State of the Child Summit
- Supported 2 representatives from local tribes to attend Qualified Expert Witness training
- Supported 1 FIRST 5 staff and approximately 26 representatives from local tribes to attend the National Indian Child Welfare Association conference
- Together for Families conference
- Triple P Accreditation training
- Triple P Peer Support
- Triple P Primary Care training
- Zero to Three LEARN conference

Family & Children's Services uses their funding to support training for Family & Children's Services staff, Juvenile Probation staff who are serving foster youth and County Counsel attorneys assigned to Family & Children's Services. Examples of how Family & Children's Services has used their funding in FY 2022/23 include:

- Clinical case consultation trainings to support training and retention of Master-Level Social Worker staff who are pursuing clinical licensure
- Practices to Build and Support Resilience training for staff
- Supported 1 Deputy County Counsel to attend the County Counsel Association of California Spring 2023 Child Welfare Study Section training
- Supported 3 FCS staff to renew certification as in-house trainers for

Professional Assault Crisis Training (Pro-ACT)

- Supported 3 FCS staff and 1 Deputy County Counsel to attend the National Indian Child Welfare Association conference
- Trauma Treatment training for staff
- Support for staff to attend other state trainings that are offered every few years such as the State Indian

Child Welfare Act conference, Resource Family Approval conference, Beyond the Bench Judicial Council conference, Partnership for Well-Being Wraparound conference and Chief Probation Officers of California Foster Care conference.

Tapestry Family Services uses their funding to support training for their Foster Family Agency and clinical staff and their resource parents. Examples of how Tapestry Family Services has used their funding in FY 2022/23 include:

- Crisis Intervention Training for Foster Youth
- Indian Child Welfare Act Video Project developed with local tribes

which will be used as an on-going training resource for the community

- Motivational Interviewing for staff
- Professional Assault Crisis Training (Pro-ACT) for staff

MENDOCINO COUNTY IV-E TRAINING

Chabot-Las Positas Community College District

TRAINING TOPICS BY CATEGORIES

YEAR END REPORT FOR 2021-22

TRAINING CATEGORIES

Arts and Activities

Coping Skills Toolbox

Developing Leaders Using a Trauma Informed & Strength-Based Perspective

Identifying Strengths to Promote Resiliency and Improve Quality of Care for Children, Youth, and Families

State of the Child Summit - Healing from Trauma with movement and Yoga

Tactile Activities to Improve Child and Adolescent Behavior

Behavioral Strategies

Caregiving with High Needs: Aggressive Behaviors

Caregiving with High Needs: Sexualized Behaviors

Caregiving with High Needs: Tantrums and Meltdowns

Caregiving with High Needs: Withdrawn Behaviors

Collaborative Problem Solving

Communication Strategies

Community Resiliency Model Workshop

Crisis Communication

Insight into Understanding Behaviors

Motivational Interviewing

Professional Assault Crisis Training (Pro-ACT) Crisis Communication and Restraint

Tactile Activities to Improve Child & Adolescent Behavior

Child Development

All Brains are Beautiful: Supporting Children with ADHD & Autism and More

Developmental Trauma

State of the Child Summit - Buffering to support attachment in Substance-exposed maternal/infant dyads

Child/ Youth Care

Parent Effectiveness Training

Parenting Children with Exposure to Trauma

Trauma Effects on the Student in the Classroom

Cultural Awareness and Responsiveness

Effective Telecommunication

Hispanic Cultural Competency

LGBTQ+ Awareness and Competency

Native American Cultural Competency

Positive Indian Parenting

State of the Child Summit - Substance Use and Attachment to Community and Cultures

Supporting LGBTQ Youth in Care

Supporting Native American Youth in Care

Family Engagement

Motivational Interviewing

Question, Persuade, Refer (Q.P.R): Suicide Prevention

State of the Child Summit - Strengthening Families with Triple P Positive Parenting

Health and Safety

State of the Child Summit - Supporting families to improve perinatal mental health

Water Safety

Trauma

Community Resiliency Model Workshop

Compassion Fatigue & Vicarious Trauma

Neurobiology of Trauma

Paper Tigers: Observing Trauma Informed Care in Practice to Motivate Change

State of the Child Summit - Polyvagal Theory & regulation, buffering the effects of substance-exposed babies

State of the Child Summit - Sensory implications of Early childhood trauma

Stress & Its Impact on Physiological Survival

Trauma and Resilience

Trauma Informed Care

Trauma Informed Care Implementation

Working with Youth in the Community

Commercial Sexual Exploitation of Children (CSEC)

Helping Others Attain Safety from Trauma & Substance Use

Triple P Teen Discussion Training

Triple P Teen Discussion Pre-Accreditation Training

Triple P Teen Discussion Accreditation Training

Substance Use and Abuse

General Substance Use and Abuse Awareness

Harm Reduction

Training for Caregivers/Resource Families

Ensuring Youth Safety by Understanding Mandated Reporting

Foster Youth Bill of Rights & Prudent Parent Standard

Foster Youth Reproductive & Sexual Wellness

How to Navigate IEP's & 504's

Sexual and Reproductive Wellness for Foster Youth

State of the Child Summit

Treatment Foster Care (Sessions 1-10)

Triple P Group Training

Triple P Primary Care Training

Triple P Seminar Extension Training

Triple P Stepping Stones Training

Technical

Introduction to EXYM

System of Care

CONFERENCES OR LEARNING ACTIVITIES

Surviving Compassion Fatigue Through an ACEs Aware Lens

2022 Children's Mental Health Symposium

All Brains and Beautiful: Supporting Children with ADHD, Autism, and more

Child and Adolescent Needs and Strengths (CANS) Tool Training

Compassion Fatigue and Vicarious Trauma

Developing Executing -Strength Leaders Using a Trauma Informed and Strength Based Perspective to Better Serve Family and Children

Children

Generational Trauma

Leading Engaged Teams in a Services and Child Welfare

Leading From a Trauma-Informed and Strength-Based Perspective - Creating Culture Where Centered Services are Strength-Based

Motivational Interviewing Workshop

Motivational Interviewing(MI): Enhancing your Ability as a Healer to Address Client Readiness for Changes

National Indian Child Welfare Act Virtual Conference

Navigating IEP's/504's Part 2

Parent Effectiveness Training (P.E.T.) Instructor Training

PCIT International Biennial Convention

Pro-ACT Restraint

positive interactions and Lead in Social Change and Community Wellness Day 2

State of the Child Summit

Trauma Focused- Cognitive Behavioral Therapy Virtual Training

The Apathy Effect Training

The Dignity of Risk and the Duty to Care

Trauma-Informed Care Workshop

Understanding and Explaining Foster Care for the Young Child

Understanding the Challenges of Foster -Adopt Parenting: The Risk of US

Youth Suicide Assessment and Fostering Protective Factors

Zero to Three: Virtual Annual Conference