

# UKIAH RECOVERY CENTER EXPANSION

- A Ford Street Project
- Jacqueline Williams, Executive Director
- August 2, 2022



The URC is a 40-bed facility, licensed by California Department of Health Care Services to provide substance use disorder residential treatment, (including withdrawal management), located at 201 Brush St in Ukiah.

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- URC's residential treatment program includes a full schedule of classes, individual counseling and recovery activities. A holistic, individualized approach is used in treatment planning in conjunction with a Bio-Psycho-Social assessment. Curriculum topics includes substance abuse education, relapse prevention, anger management, healthy communication, parenting, coping with shame and trauma, self esteem, life skills, social activities and the building of a healthy support system.
  - Additionally, URC provides case management services for employment assistance and housing.
  - 60% of residential treatment clients are unhoused and unemployed.



# The Ukiah Recovery Center Expansion: Important milestones

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- In 2017 the URC became a Drug Medi-Cal provider, and subcontractor of Partnership Health Plan of California.
- In 2018 the Mendocino County Behavioral Health Department joined, Humboldt, Lassen, Modoc, Shasta, Solano, and Siskiyou County Behavioral Health Departments in a Drug Medi-Cal Organized Delivery System.
- In 2018 Partnership Health Plan provided \$350,000 planning expansion grant to Ukiah Recovery Center.

## Ukiah Recovery Center Expansion Priorities:

Urgent need for more withdrawal management beds to reduce wait list time for clients

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- The existing sober living dorm will be repurposed and dedicated to serving withdrawal management clients. Currently there are 6 withdrawal management beds at the URC, the expansion plan increases the number of withdrawal management beds to 18.
- Over half of URC withdrawal management clients elect to enter residential treatment after receiving withdrawal management care at URC.



# Ukiah Recovery Center Commercial Kitchen

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- Ancillary services are provided to clients to assist their reintegration into the community. Vocational classes include food safety, knife skills, kitchen operation, eating healthy on a budget, garden overview, soil propagation, planting and harvesting.
- Everyone contributes to the community. Tasks include food prep, laundry and up-keep of building and grounds.





# URC Certified Organic Gardens

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# The URC Expansion Plan

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- Demolish warehouse on property owned by Ford Street, adjacent to URC.
- Repurpose existing SLE to be used for withdrawal management.
- Construct 3,350 sq ft Treatment Pavilion to provide two additional groups rooms, a reception area and four one-on-one office spaces for counselors to meet privately with clients.
- Construct 3,663 sq ft, 22-bed SLE for men to replace SLE that will be dedicated to withdrawal management clients in the future.
- Remodel house to provide 8-bed SLE for women.
- Extend driveway to Ford Street, improve/add exterior fencing, security system and gates.

Warehouse demolished on 200 Ford Street property to make way for new treatment pavilion and 22-bed SLE for men. This is the site of the existing home that will be remodeled to serve as 8-bed SLE for women.

Virtually all metal exterior material and wood was recycled.

## **BEFORE**



## **AFTER**







URC Expansion Total Cost: \$7.1M

Demolition, site engineering and early design costs: FULLY FUNDED	Paid from PHC \$350,000 grant	Approx. \$150,000 remains to cover interior outfitting costs for treatment pavilion and SLEs
Construction of 3,350 sq ft treatment pavilion, and 50% remaining site development costs including driveway extension, security gates, fencing, permits and fees: FULLY FUNDED	Behavioral Health BHCIP expansion grant awarded \$3,042,000	Finalizing State BHCIP award requirements
Construction of 3663 sq ft, 22-bed sober living environment for men, remodel of existing house to accommodate 8-bed SLE for women and remaining 50% of site development costs including driveway extension, security gates, fencing, permits and fees. OUR FUNDING REQUEST	\$4.1M is currently unfunded and needed to complete the Ukiah Recovery Center Expansion	Proposed: City of Ukiah \$488,000 opioid settlement funds County of Mendocino, \$2M opioid settlement funds Measure B funds: 1,612,000

Ford Street Project made a Measure B funding request of the Mental Health Citizen’s Oversight Committee on June 22. Shannon Riley, Deputy City Manager, and member of the Oversight committee made the following proposal:

**“The City of Ukiah expects to receive roughly \$488,000 in opioid settlement funds, paid over 18 years. The City Manager’s Office is prepared to recommend to the City Council that the City contribute the entire amount, potentially borrowing from their general fund to pay the total award, if the County of Mendocino also contributes significantly from their own award - minimum of \$2M. County of Mendocino is expected to receive \$7M opioid settlement funds over 18 years. Upon mutual agreement of the City and the County to use opioid settlement funds, Ford Street’s Measure B request can be reduced to \$1,612,000”**



# Some things to consider

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- The Kemper Report, used loosely as a strategic plan for Measure B, suggested well before the impact of the opioid crisis was realized, that 10% of the Measure B investment should serve to expand local residential treatment options.
- To date \$31,559,537 Measure B Funds have been expended or budgeted. Yet, there has been no capital investment to increase the provision of direct SUDT services, according to a report shared at the last Measure B meeting. (Measure B Expenditures Plan as it connects to the Strategic Plan – June 2022)
- Recent Grand Jury Report also confirms a lack of investment in SUDT options.

# Some things you need to know about Ford Street Project

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- Ford Street Project is a small non-profit organization with 35 employees. It has been providing State licensed substance use disorder residential treatment and recovery services for 25 years.
- Ford Street's other programs include operating the local Food Bank located at 888 N State Street, and the Unity Village Housing Program designed to assist unhoused families in recovery.
- Ford Street continues to make a strong commitment to helping clients improve their self-sufficiency by providing clients with vocational support and housing case management.





# Some things you need to know about the people we serve at the URC



- In FY 21-22 we served 219 Drug Medi-Cal clients, and 69%, or 151 clients were Mendocino County residents
- Population by Race depicted below compares URC population by race date to Mendocino County and State of California

Population by Race	Ukiah Recovery Center Percentage of Population	Mendocino County Percentage of Population	State of California Percentage of Population
African American/Black	5	.97	5.83
Asian American		2.24	15.32
Latino/ Hispanic	3	14.34	18.63
Native American	12	5.01	.98
White	72	72.34	53.70
Mixed Race	8	5.10	5.54

# Some things you need to know about our Adventist Health Partners

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URC's ability to provide residential treatment and withdrawal management services literally depends on the support it receives from our local Advent Health partners.

- Dr Marvin Trotter, serves as URC Medical Director, and has been instrumental in improving the integration of substance use disorder treatment services with local ER's and MAT providers.
- Dr Duncan Johnston, responsible for emergency room care, oversees provision of medical releases for URC clients as they enter into URC withdrawal management program and/or residential treatment. Dr Johnston's dedication to help provide COVID testing during the height of the pandemic hastened URC's ability to get clients in need of withdrawal management into care.
- Mary Ann Gould and her SUD navigators in ERs help identify and refer clients into treatment.
- Dr Young, whose office is nearby, provides MAT (medically assisted treatment) for URC clients.



On behalf of Ford Street Project's Board of Directors, I respectfully request the County of Mendocino approve \$2M of opioid settlement funds and \$1,612,000 Measure B funds be provided to Ford Street Project, in support of the URC Expansion effort. All funds will be dedicated to capital development efforts with no funds to be expended on operating costs.

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