

PROCLAMATION

OF THE MENDOCINO COUNTY BOARD OF SUPERVISORS

RECOGNIZING MAY 2022 AS MENTAL HEALTH AWARENESS MONTH IN MENDOCINO COUNTY

WHEREAS, Mental Health America established Mental Health Awareness Month in 1949 to reach individuals across the nation, to reduce stigmas, and to teach about signs of mental illness (mentalhealthamerica.net/may); and

WHEREAS, one in five adults has a mental health condition such as depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress (nami.org/learn-more/mental-health-by-the-numbers); and

WHEREAS, one in twenty adults in the United States experiences serious mental illness (nami.org/learn-more/mental-health-by-the-numbers); and

WHEREAS, half of mental illness manifests in individuals by the age of 14, and three-quarters by the age of 24 (nami.org/learn-more/mental-health-by-the-numbers); and

WHEREAS, 15.08% of youth in the United States have experienced a major depressive episode in the past year. (<http://www.mentalhealthamerica.net/issues/state-mental-health-america>); and

WHEREAS, over half of adults who have a mental illness do not receive treatment, totaling over 27 million adults in the United States who are going untreated. (<http://www.mentalhealthamerica.net/issues/state-mental-health-america>); and

WHEREAS, the pathway to improving the negative outcomes of untreated mental illness is through community outreach and empowerment of individuals with the support and resources they need to thrive; and

WHEREAS, Mendocino County Behavioral Health and Recovery Services and community partners are dedicated to raising awareness of statistics like these, educating the community about the signs of mental illness, reducing stigma, and helping people recover from the consequences of untreated mental illness.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims May, 2022, as:

“Mental Health Awareness Month”

Dated: April 19, 2022

Ted Williams, Chair