

Mendocino County Department of Social Services

Healthy People, Healthy Communities

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Background & Summary Information

Social Services- Family & Children's Services Proposed Agreement with Chabot-Las Positas Community College District for FY 25/26, \$1,500,000

History: Mendocino County Department of Social Services- Family & Children's Services has been contracting with Chabot-Las Positas Community College District (CLPCCD) since Fiscal Year 2008/09 and began as a \$300,000 contract for subcontractors FIRST 5 Mendocino and Redwood Community Services. It has grown since then to expand the amount, diversity of trainings, audience reach and subcontractors. Chabot-Las Positas Community College District also has contracts for the same purpose with Alameda, Amador, Calaveras, Humboldt, Lake, Solano and Tuolumne Counties.

The funding process: The Chabot-Las Positas Contract funds trainings for our community and at no cost to the County. Trainings are reimbursed by the federal government through Title IV-E of the Social Security Act at 75% for most direct training expenses and 50% for administrative expenses. Chabot-Las Positas Community College District, an eligible educational institution, provides the required match to the federal funds to ensure the County receives full reimbursement for eligible training expenses. Training activities are billed to Chabot-Las Positas Community College District who invoices the County. The County pays the invoice and then submits a claim to the State for reimbursement. The end result is a net zero cost to the County for the trainings as Chabot accepts the reimbursed rate and their share of in-kind for payment.

Purpose: To provide training to eligible individuals and organizations who serve Title IV-E of the Social Security Act eligible children (in foster care or at risk of foster care) and their families to improve outcomes. Training builds comprehensive and consistent skills in staff, providers and caregivers serving foster youth and their families to increase safety, permanency and wellbeing of Mendocino County's foster children and youth. Individuals and organizations who are eligible to attend such trainings include:

- Staff of County Child Welfare Agencies (includes Juvenile Probation staff who serve foster youth)
- Juvenile Dependency court staff
- County Child Welfare agency attorneys (County Counsel)
- Attorneys representing children or parents in Juvenile Dependency court proceedings
- Court-Appointed Special Advocates representing children in Juvenile Dependency court proceedings
- Individuals who are invited, contracted or voluntarily participate in support of the child and family if they are doing so at the request of the County Child Welfare Agency
- Parent/Family Support Partner individuals or organizations
- Faith-based community organizations
- Current and prospective adoptive and foster parents
- Extended family members, caregivers and non-caregivers
- Tribal Indian Child Welfare Act workers
- Licensed child care providers
- State licensed child care institutions that care for foster or adoptive children
- Providers of visitation services
- Providers of domestic violence and child abuse services
- Regional Center staff
- Licensed medical staff

- Providers of mental health services/ licensed counselors
- Educational providers and advocates
- CalWORKs Linkages staff

How funding may be used: Funding may be used for curriculum development, instructor fees, venue fees, supplies and materials, conference and travel expenditures, and other expenses related to trainings and cost of personnel needed for coordination of these trainings.

Current subcontractors: Chabot contracts with FIRST 5 Mendocino, Redwood Community Services, Tapestry Family Services and Mendocino County Family & Children's Services. Below is the sample funding plan for how the contract, if approved, would be used in FY 2025/26 based on proposed training plans:

- Redwood Community Services (RCS): \$520,000
- FIRST 5 Mendocino (F5): \$500,000
- Mendocino County Family & Children's Services (FCS): \$201,186.44
- Tapestry Family Services (TFS): \$50,000
- Chabot-Las Positas Community College District: \$228,813.56 (the district's overhead and operational costs to maintain the subcontracts and county training requests)

Number of trainings funded annually through this agreement: FY 2023/24- 3,350 hours of training were provided, covering approximately 100 different topics. In addition, funding supported attendance for participants at approximately 35 conferences/learning activities held in-county, virtually or out-of-county.

Number of training participants annually through this agreement: FY 2023/24- trainings served 4,709 participants. This number reflects the total number of training attendees, not unique individuals, as many training participants attend more than one training course.

Types of trainings provided annually through this agreement: Trainings and conferences funded through this agreement are in the categories of Arts and Activities, Behavioral Strategies, Child Development, Child/Youth Care, Cultural Awareness and Responsiveness, Family Engagement, Health and Safety, Trauma, Working with Youth in the Community, Substance Use and Abuse, Training for Caregivers/Resource Families and Technical. Each subcontractor has a specific focus and quarterly to semi-annually collaborative meetings occur between CLPCCD and subcontractors to ensure cross-coordination and collaboration of training plans to avoid duplication, or trainings focused on specific target audiences.

Redwood Community Services uses their funding to support training for their Foster Family Agency, Short Term Residential Therapeutic Program and clinical staff and resource parents. Most trainings are also open to all eligible participants, not just RCS staff/resource parents. Training topics generally focus on older children, pre-teens, teens and transition age youth. Many of the training topics are provided monthly to provide many opportunities for eligible participants to attend training on specific topics throughout the fiscal year. Examples of how RCS has used their funding in FY 2023/24 include:

- Addressing Trauma Through the Arts
- Tactile Activities to Improve Child and Adolescent Behavior
- Behavior Observation, Recording and Report Writing
- Collaborative Problem Solving
- Motivational Interviewing
- Professional Assault Crisis Training (Pro-ACT)- Crisis Communication
- Question, Persuade, Refer (QPR): Suicide Prevention
- Practical Application of Evidence-Based Practices to Improve Emotional Regulation and Well-being in Children in Care
- All Brains are Beautiful Supporting Children with ADHD, Autism, and More

- Development Trauma
- Skills Toolbox: Coping with Dysregulation
- Debriefing Incidents to Ensure Youth Safety
- Documentation and SIR's in Residential Settings
- Ensuring Youth Safety by Understanding Mandated Reporter
- Healthy Nutrition for Children in Care
- Identifying and Reporting Abuse of Children
- Introduction to EXYM Access
- Understand Youth in Residential Settings
- Understanding Youth with Sexualized Behavior
- Intellectual and Developmental Disabilities in Children
- Cultural Competency and Birthdays, Anniversaries and Holidays
- Introduction to Complex Care
- Supporting and Caring for Transgender Youth in Out of Home Care
- Supporting Native American Youth in Foster Care
- Supporting 2SLGBTQIA+ Youth in Care Workshop
- My House: Exploring Natural Supports and Introspection
- Onboarding Jeopardy: Reinforcement and Application of Learned Concepts and Evidence-Based Practices
- Utilizing Experiential Learning to Strengthen Families
- Adult, Child and Infant CPR/AED/First Aid
- Basic Waster Rescue
- Improving Residential Quality of Care
- Layperson Naloxone Administration: Prevention & Intervention Strategies for Keeping Families Safe from Overdose
- Professional Assault Crisis Training (Pro-ACT) Restraint
- Psychostimulants, Opioids and Our Brain
- Understating Youth Safety in Residential Settings
- Monitoring Medication and Side Effects with Youth
- Implementing Trauma Informed Strategies with Clients in Your Work Setting
- Parenting Children with Exposure to Trauma
- Stress and its Impact on Our Physiological Health
- Trauma Effects on The Students in the Classroom
- Trauma Informed Care
- Trauma Informed Care and Practical Approaches for Service Providers
- Helping Clients Attain Safety From Trauma and Substance Use
- RCS Management & Leadership Training: Building Leaders Who Collaborate to Reshape Vulnerable Lives
 Through Positive Interactions and Lead in Social Change and Community Wellness
- Commercial Sexual Exploitation of Children (CSEC)
- Removing the Shame and Stigma of Substance Use Disorder (SUD)
- Strengthening Team Resiliency to Improve Quality of Care
- System of Care: Resource and Referral to Service in our Community
- Quarterly Leadership Training: How Managers and Directors Can Effectively Lead Direct Services Providers to Better Support Children and Families

FIRST 5 Mendocino uses their funding to support training for all eligible participants. Topics of their trainings generally focus on children ages 0 to 5, such as early childhood development and parenting, although not exclusively. Examples of how FIRST 5 has used their funding in FY 2023/24 include:

- State of the Child: Resilience Building Play
- Ideas for Elevating Discipline

- Trauma Response
- Communication Training
- Motivational Interviewing
- The Power of Showing Up
- The Trauma Response is Never Wrong With Social Services
- Child Development
- Community Resiliency Model Workshop (MCOE)
- Belonging Difference
- Kin First Training for Child Welfare
- Nature Mindfulness Guide Training
- Resilience Building Play Strategies Workshop
- Community Resiliency Model Workshops
- Community Resiliency Model Workshop (Rural Housing Developments)
- State of the Child: The Power of Belonging
- Tiny Little Joys for Healing from Trauma
- Unbroken Online Courses
- Community Resiliency Model Workshops
- Triple P Teen Group Training
- Triple P Level 4 Group Trainings
- Triple P Level 4 Group Accreditation Trainings
- Triple P Primary Care Trainings
- Triple P Primary Care Pre-Accreditation Trainings
- Triple P Primary Care Accreditation Trainings
- Triple P Stepping Stones Course
- Triple P Stepping Stones Pre-Accreditation
- Triple P Stepping Stones Accreditation

Tapestry Family Services uses their funding to support training for their Foster Family Agency and clinical staff and their resource parents. Examples of how Tapestry Family Services has used their funding in FY 2023/24 include:

- Discussion on Somatic Approaches with Children/Youth
- Child Social & Emotional Development & Well-Being
- Ethics While Working With Youth
- Decolonizing Services for Tribal Youth and Families
- Impact of Historical Trauma on Indigenous Families
- Collaborative Problem Solving
- Pro Act Assault Trainings
- On-Call for Youth
- 42nd Annual Protecting Our Children Conference
- JotForm Subscription for Child Welfare