

STUDY GUIDE

Mendocino County Behavioral Health System Program Gap Analysis & Recommendations for Allocation of Measure B Revenues

by Kemper Consulting Group
August 2018

Mental Health Treatment Act Citizens Oversight Committee

Formatted by Jan McGourty, Chair BHAB

KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES (page 41)

*	Service	BHAB Details	BHAB Recommendations	Measure B Consultation
1	PHF or other inpatient psychiatric care	Ave. 3-5 days Max. 30 days	☛: Put out a detailed RFI (Request for Information) for all pre-crisis and crisis facilities including staffing and maintenance requirements for each type of facility	
2	Crisis Residential Treatment (CRT)	3 mos. maximum	☛: It is imperative to create a CSU/CRT facility in Fort Bragg that can serve pre-crisis and 5150 holds in collaboration with coast community and agency partners. ☛: Create a multiple use facility to consolidate staffing needs	
	Types of Involuntary MH Holds 5150 - 72 hours 5250 - + 14 days 5270 - + 30 days			
3	Crisis Stabilization Unit (CSU)	24 hrs. <i>pending legislation to extend 72 hrs.</i> (??)	☛: Explore other venues besides RCS Orchard Street Project and old Howard Hospital	
4	Expanded outreach	3 mobile teams: 4 days/week 8:00 a.m. - 6:00 p.m.	☛: Expand the Mobile Outreach Program Services (MOPS) to serve more locations with more hours. ☛: Verify that each MOP team has two persons (sheriff tech & MH employee)	

KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES CONTINUED

*	Service	BHAB Details	BHAB Recommendations	Measure B Consultation
5	Outlying/Remote areas of county		<p>☛: Mendocino County should take the lead in promoting legislation to provide private insurance parity with mental health Medi-Cal services.</p> <p>☛: Focus on collaboration with clinics around the county for MPS/RQMC continuation of care, using teleconference service if needed.</p>	
6	Expand support programs & wellness efforts	<ul style="list-style-type: none"> • <i>med management</i> • <i>employment services</i> • <i>family support</i> 	<p>☛: Create common definitions for “wellness” and “cultural competency.”</p> <p>☛: Expand existing TAY (Transitional Age Yourth) services to include adult care.</p> <p>☛: Encourage and support employers and physicians to integrate physical, emotional and spiritual personal wellness so health needs are met.</p> <p>☛: Expand hours of wellness coaches to navigate MH system into outlying areas</p> <p>☛: Provide more family support, particularly non-traditional methods.</p>	

KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES CONTINUED

*	Service	BHAB Details	BHAB Recommendations	Measure B Consultation
7	Day Treatment	<i>Definition:</i> <ul style="list-style-type: none"> • Licensed facility • BH treatment • outpatient care • MD supervision • written client plan 	<ul style="list-style-type: none"> ☛: Include a Day Treatment in any facility's program 	
8	Supportive Housing		<ul style="list-style-type: none"> ☛: Build a range of integrated supportive and inclusive housing throughout the county. ☛: Fund fiscal barriers for housing. 	
9	Partial hospital care Rehabilitative care Board and Care		<ul style="list-style-type: none"> ☛: Build at least one board and care facility that is Medi-Cal billable. 	
10	Expansion SUDT		<ul style="list-style-type: none"> ☛: Hire more counselors, particularly in outlying areas. ☛: Collaborate with schools for prevention, particularly in tribal communities,. 	
11	5-Year Plan <i>Develop continuum of care</i>		<ul style="list-style-type: none"> ☛: Review the proposed 5-year plan of continuum of care by all stakeholders and collaborative partners. 	

KEMPER'S RECOMMENDATIONS FOR ACTION & POLICY (page 43)

Kemper's Recommendation		BHAB Detailed Recommendation	Measure B Consultation
1	Supplement services NOT supplant services	☛: Hire a dedicated Project Manager to oversee implementation of Recommended Actions on Measure B and manage all contracts.	
2	Biannual Review Process	☛: Review the progress of services and their cost every six months, noting any barriers to service.	
3	Prudent Reserve of Measure B Funds for years 6-10		
4	Separate annual accounting of Measure B revenues/ expenditures	☛: Collaborate annual Measure B accounting with Project Manager and County Auditor.	

KEMPER'S RECOMMENDATIONS FOR ACTION & POLICY (page 43)

Kemper's Recommendation		BI Recommendation	Measure B Consultation
5	10-Year Strategic Plan	<ul style="list-style-type: none"> ☛: Plan for future sustainability. ☛: Annual review of plan with flexibility for amendment. 	
6	Restructure data provided by BHRS, RQMC & subcontractors	<ul style="list-style-type: none"> ☛: Report data by program & region in both children and adult systems of care. ☛: Monitor trends quarterly. 	

KEMPER'S PROPOSED STRATEGIC FINANCING PLAN (page 44)

Action Items		Kemper Notes:	Measure B Consultation
1	Create in-county residential treatment alternative	<ul style="list-style-type: none"> Fund construction of Crisis Residential Treatment/Crisis Stabilization facility CRT/CSU site on Orchard Avenue, Ukiah 	
2	Create centralized system for MH crisis assessment & intervention	<ul style="list-style-type: none"> Dedicated operational funding for CSU Medi-Cal and other reimbursements 	
3	Create in-county inpatient psychiatric treatment capacity with RFP process	<ul style="list-style-type: none"> Construct with Measure B funds Operate with existing funding revenue sources, including Realignment and Medi-Cal 	
4	Expand Mental Health programs & support services throughout the county with a plan developed by BHRS	<ul style="list-style-type: none"> Expansion of mobile outreach Expansion of wellness programs (i.e. Rx management, employment, etc) Expansion of client monitoring One-to-one consumer & family support programs Day treatment/partial hospital programs 	

KEMPER'S PROPOSED STRATEGIC FINANCING PLAN (page 44)

Action Items		Kemper Notes:	Measure B Consultation
5	Expand SUDT programs & support services throughout the county	<ul style="list-style-type: none"> • Proposal developed by BHRS 	
6	Expand reach of FSP to more SMI people	<ul style="list-style-type: none"> • Dedicated annual spending • Proposal developed by BHRS 	
7	Expand in-county supportive housing opportunities by creating Supportive Housing Pool for alternative uses	<ul style="list-style-type: none"> • Serve homeless mentally ill, conserved clients • Match state/federal funding opportunities • Create Rental vouchers/subsidy program with County Housing Authority & BHRS • Fund new construction 	
8	Create prudent reserve to carry forward after Year 5		

KEMPER'S RECOMMENDED ACTION FOR BOS (page 46)

Action Items		Kemper Notes:	Measure B Consultation
1	Fund Crisis Residential Facility/Crisis Stabilization Unit on Orchard Street, Ukiah		
2	Determine utilization of 1 st year funds in Consultation with BHRS Director, RQMC, & BHAB	<ul style="list-style-type: none"> • Expand Supportive Services • Expand FSP services • Expand SUDT treatment services & other co-occurring disorders 	
3	Authorize CEO to solicit proposals with RFP for qualified operators for construction/operation of 16-bed PHF on land owned by Mendocino County	<ul style="list-style-type: none"> • Ownership & operation of 16-bed PHF under long-term land lease agreement • County ownership with operation of PHF under long-term Services Agreement with PHF operator 	
4	Authorize CEO to undertake RFP to solicit proposals from local hospitals for construction of inpatient psych bed	<ul style="list-style-type: none"> • Owned & operated by local hospitals • First priority to Mendocino County under a long-term agreement conditional of construction funding with Measure B 	
5	Direct BHRS Director to prepare strategic plan for expanded housing support programs for MH/SUDT recovery	<ul style="list-style-type: none"> • Consultation with County Housing Authority, RQMC, Measure B Committee, and BHAB • Priorities for construction, services & vouchers/rent subsidy 	

