



Mendocino County
Department of Social Services
Healthy People, Healthy Communities
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Background & Summary Information

Social Services- Family & Children's Services Proposed Agreement with Chabot-Las Positas Community College District for FY 23/24, \$1,500,000 Consent Item 3ag on June 20, 2023 Board of Supervisors Agenda

History: Mendocino County Department of Social Services- Family & Children's Services has been contracting with Chabot-Las Positas Community College District (CLPCCD) since Fiscal Year 2008/09 and began as a \$300,000 contract for subcontractors FIRST 5 Mendocino and Redwood Community Services. It has grown since then to expand the amount, diversity of trainings, audience reach and subcontractors. Chabot-Las Positas Community College District also has contracts for the same purpose with Alameda, Amador, Calaveras, Humboldt, Lake, Solano and Tuolumne Counties.

The funding process: The Chabot-Las Positas Contract funds trainings for our community and no cost to the County. Trainings are reimbursed by the federal government through Title IV-E of the Social Security Act at 75% for most direct training expenses and 50% for administrative expenses. Chabot-Las Positas Community College District, an eligible educational institution, provides the required match to the federal funds to ensure the County receives full reimbursement for eligible training expenses. Training activities are billed to Chabot-Las Positas Community College District who invoices the County. The County pays the invoice and then submits a claim to the State for reimbursement. The end result is a net zero cost to the County for the trainings as Chabot accepts the reimbursed rate and their share in in-kind for payment.

Purpose: To provide training to eligible individuals and organizations who serve Title IV-E of the Social Security Act eligible children (in foster care or at risk of foster care) and their families to improve outcomes. Training builds comprehensive and consistent skills in staff, providers and caregivers serving foster youth and their families to increase safety, permanency and wellbeing of Mendocino County's foster children and youth. Individuals and organizations who are eligible to attend such trainings include:

- Staff of County Child Welfare Agencies (includes Juvenile Probation staff who serve foster youth)
- Juvenile Dependency court staff
- County Child Welfare agency attorneys (County Counsel)
- Attorneys representing children or parents in Juvenile Dependency court proceedings
- Court-Appointed Special Advocates representing children in Juvenile Dependency court proceedings
- Individuals who are invited, contracted or voluntarily participate

in support of the child and family as long as they are doing so at the request of the County Child Welfare Agency

- Parent/Family Support Partner individuals or organizations
- Faith-based community organizations
- Current and prospective adoptive and foster parents
- Extended family members, caregivers and non-caregivers
- Tribal Indian Child Welfare Act workers
- Licensed child care providers
- State licensed child care institutions that care for foster or adoptive children
- Providers of visitation services
- Providers of domestic violence and child abuse services
- Regional Center staff
- Licensed medical staff
- Providers of mental health services/licensed counselors
- Educational providers and advocates
- CalWORKs Linkages staff

How funding may be used: Funding may be used for curriculum development and/or purchase, instructor fees, venue fees, supplies and materials, conference and travel expenditures, other expenses related to trainings and cost of personnel needed for coordination of these trainings.

Current subcontractors: Chabot contracts with FIRST 5 Mendocino, Redwood Community Services, Tapestry Family Services and Mendocino County Family & Children’s Services. Below is the proposed funding plan for how the contract, if approved, would be used in FY 2024/25 based on proposed training plans:

- Redwood Community Services (RCS): \$501,011.05
- FIRST 5 Mendocino (F5): \$496,114.68
- Mendocino County Family & Children’s Services (FCS): \$166,731.70
- Tapestry Family Services (TFS): \$107,329.00
- Chabot-Las Positas Community College District: \$228,813.56 (the district’s overhead and operational costs to maintain the subcontracts and county training requests)

Number of trainings funded annually through this agreement: FY 2022/23- 3,510 hours of training were provided, covering approximately 89 different topics. In addition, funding supported attendance for participants at approximately 45 conferences/learning activities held in-county, virtually or in out-of-county. FY 2023/24 is on track for an equal or higher number of trainings.

Number of training participants annually through this agreement: FY 2022/23- trainings served 4,473 participants. This number reflects the total number of training attendees, not unique individuals as many training participants attend more than one training.

Types of trainings provided annually through this agreement: Trainings and conferences funded through this agreement are in the categories of Arts and Activities, Behavioral Strategies, Child Development, Child/Youth Care, Cultural Awareness and Responsiveness,

Family Engagement, Health and Safety, Trauma, Working with Youth in the Community, Substance Use and Abuse, Training for Caregivers/Resource Families and Technical. Each subcontractor has a specific focus and quarterly to semi-annually collaborative meetings occur between CLPCCD and subcontractors to ensure cross-coordination and collaboration of training plans to avoid duplication, or focus trainings on specific target audiences.

Redwood Community Services uses their funding to support training for their Foster Family Agency, Short Term Residential Therapeutic Program and clinical staff and resource parents. Most trainings are also open to all eligible participants, not just RCS staff/resource parents. Training topics generally focus on older children, pre-teens, teens and transition age youth. Many of the training topics are provided monthly to provide many opportunities for eligible participants to attend training on specific topics throughout the fiscal year. Examples of how RCS has used their funding in FY 2022/23 include:

- Developing Leaders Using a Trauma Informed & Strength-Based Perspective
- Tactile Activities to Improve Child and Adolescent Behavior
- Skills Toolbox: Coping with Dysregulation
- Onboarding Jeopardy: Reinforcement and Application of Learned Concepts and Evidence-Based Practices
- Identifying Strengths to Promote Resiliency and Improve Quality of Care for Children, Youth, and Families
- Collaborative Problem Solving
- Crisis Communication
- Insight into Understanding Behaviors
- Tactile Activities to Improve Child & Adolescent Behavior
- Professional Assault Crisis Training (Pro-ACT) Crisis Communication and Restraint
- Caregiving with High Needs: Aggressive Behaviors
- Caregiving with High Needs: Tantrums and Meltdowns
- Caregiving with High Needs: Withdrawn Behaviors
- Caregiving with High Needs: Sexualized Behaviors
- Developmental Trauma
- All Brains are Beautiful: Supporting Children with ADHD & Autism and More
- Attachment in Children with Reactive Attachment Disorder (RAD)
- Parenting Children with Exposure to Trauma
- Trauma Effects on the Student in the Classroom
- Parent Effectiveness Training
- Effective Telecommunication : Skills to Better Communicate with Children and Families
- Supporting LGBTQ Youth in Care
- Supporting Native American Youth in Care
- Effective Telecommunication
- Motivational Interviewing
- Question, Persuade, Refer (Q.P.R): Suicide Prevention
- Parent Effectiveness Training (PET)

- CPR/AED/First Aid
- Water Safety
- Psychostimulants, Opioids and Our Brain
- Removing Shame and Stigma Training: Understanding the Brain and Disease of Addiction to Support Foster Youth
- Layperson Naloxone Administration: Prevention and Intervention Strategies for Keeping Families Safe from Overdose
- Stress & Its Impact on Physiological Survival
- Trauma Informed Care
- Compassion Fatigue & Vicarious Trauma
- Strategies for Mitigating Vicarious Trauma
- Paper Tigers: Observing Trauma Informed Care in Practice to Motivate Change
- Commercial Sexual Exploitation of Children (CSEC)
- Helping Others Attain Safety from Trauma & Substance Use
- Utilizing Experiential Learning to Strengthen Families
- Ensuring Youth Safety by Understanding Mandated Reporting
- Foster Youth Bill of Rights & Prudent Parent Standard
- Foster Youth Reproductive & Sexual Wellness
- How to Navigate IEP's & 504's
- Foster Care Orientation
- Treatment Foster Care (Sessions 1-10)
- Introduction to EXYM
- System of Care: Resources and Referral to Services in our Community
- Strengthening Team Morale to Improve Quality of Care
- The Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule

FIRST 5 Mendocino uses their funding to support training for all eligible participants. Topics of their trainings generally focus on children ages 0 to 5, such as early childhood development and parenting, although not exclusively. Examples of how FIRST 5 has used their funding in FY 2022/23 include:

- State of the Child: Ozlem Ozdener - How Music, Rhythm & Movement Help Heal Trauma & Develop Self-Regulation
- Clifton StrengthsFinder Communication Training
- State of the Child: Tina Bryson - The Power of Showing Up
- Community Resiliency Model Workshop (MCOE)
- Belonging Difference Workshop - Gaelin Elmore
- Intro to HOPE (Healthy Outcomes from Positive Experiences)
- HOPE Workshop - Train the Facilitator
- Triple P Special Accreditation (4 Facilitators)
- Community Resiliency Model Workshop (Adventist Health)
- Community Resiliency Model Workshop (Building Bridges)
- State of the Child: Gaelin Elmore - Be the Difference
- Community Resiliency Model Workshop (Laytonville Mental Health)
- State of the Child - Dr. Robert Sege - Healthy Outcomes from Positive

Experiences (HOPE) Workshop -
Wayfinder Family Services

- Triple P Teen Group Training
- Triple P Primary Care Training
- Triple P Primary Care Pre-accreditation Training
- Triple P Primary Care Accreditation Training
- Triple P Peer Support Training (3 separate trainings)
- Triple P Primary Care Weekend Training
- Triple P Primary Care Weekend Pre-Accreditation Training
- Triple P Primary Care Weekend Accreditation Training
- Triple P Group Course
- Triple P Group Course Pre-Accreditation
- Triple P Group Course Accreditation
- Triple P Teen Group Course

Tapestry Family Services uses their funding to support training for their Foster Family Agency and clinical staff and their resource parents. Examples of how *Tapestry Family Services* has used their funding in FY 2022/23 include:

- Engagement with Clients
- Supporting Foster Children
- LGBTQ+ Ally Training
- Ethics While Working with Youth
- Pro-Act Training
- Motivational Interviewing: Meeting at the Just Cracked Open Door
- Evidence Based Practice (EBP)-group work using EBP with at risk Youth
- Development of the Case Plan
- Crisis Intervention Training for Foster Youth
- Medicine Wheel & 12 Steps for Youth
- Indian Child Welfare Act Video Project
- 41st Annual Protecting Our Children Conference