

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue, creating a modern, dynamic feel.

Measure B

Proposed Project(s) Funding

October 26, 2023

Measure B Project Funding Request

- ▶ Agenda:

- ▶ Measure B Funding
- ▶ Request for Proposal Substance Misuse Projects
- ▶ Mendocino County Behavioral Health Unit

Measure B Funds

- ▶ Allocated Capital Facility Funds:
 - ▶ PHF - \$19,612,889 (estimate from January 2021)
 - ▶ Prudent Reserve - \$5,870,208
- ▶ Unallocated Capital Facility Funds
 - ▶ \$6,366,639
- ▶ Awarded Grant Funds
 - ▶ \$9,368,147 (grant dollars are not guaranteed)

Measure B Funds

- ▶ Things to Consider:
 - ▶ Psychiatric Health Facility Overrun Cost
 - ▶ Potential inflationary factor of approximately \$5M
 - ▶ Capital Facility Reserve and Prudent Reserve Funds
 - ▶ 100% of Tax from April 1, 2023, goes to Services
 - ▶ Grants Funds are not upfront or guaranteed, based on deliverables
 - ▶ The Committee voted on 10/25/23 to use Capital Reserve Funds from the Prudent Reserve if approved by the Board of Supervisors

Ford Street / Ukiah Recovery Center Request for Proposal

Ford Street Project History & Overview

- ▶ Ford Street Project has provided services for substance use treatment since 1974.
- ▶ Current services include residential treatment, withdrawal management, sober living environment, and other recovery supports.
 - ▶ The current program includes:
 - ▶ 34 residential substance use disorder treatment beds
 - ▶ 18 sober living beds
 - ▶ 6 withdrawal management beds
- ▶ Ford Street Project began expanding the Ukiah Recovery Center in 2017, applying for additional grant funding.
 - ▶ The Sober Living Environment is not able to be funded by the BHCIP Grant award, as it is considered housing not Treatment.
 - ▶ Sober Living Environments are not eligible for housing capital funding, as these funding sources tend to prioritize permanent housing.
- ▶ Services are funded by Medi-Cal ODS (treatment), Self Pay, and contractual agreements with various programs (e.g. MC Probation, Tribal Governments).

Ford Street Request for Proposal

- ▶ \$2,625,000 million dollars to cover the cost of construction associated with an expansion of the sober living environment.
 - ▶ Reduction from \$4.1 due to changes in the revised site plan subsequent to RFP submittal
- ▶ The expansion would add:
 - ▶ 6 sober living beds (33% increase)
 - ▶ A 463 ft² maintenance garage
 - ▶ Complete landscaping plan required by City of Ukiah

Ford Street Project Proposal

- ▶ Ford Street Project owns the unimproved property adjacent to the existing treatment program and adjoining the Ukiah Recovery Center.
- ▶ Ford Street Project has been in development of the expansion project since 2017; the total projected cost of the expansion was \$7,166,142.
- ▶ Ford Street Project received a planning grant from Partnership Health Plan of California for \$350,000 in 2017 to develop the project.
- ▶ Ford Street Project was awarded \$3,042,000 by California Department of Health Care Services Behavioral Health Continuum Infrastructure Program in November 2022.

Expansion Status

- ▶ Ford Street Project is working with Designer Brian Manning and Cupples & Sons Construction; both worked on a prior project with the URC site.
- ▶ Development of the project included conferring with the City of Ukiah Planning and Building Department and accommodating changes to the original proposal
 - ▶ Changes in the Road to included a hammerhead turn-around for emergency vehicles.
 - ▶ Solar specifications changed in January 2023 so the plans were updated to include those.
 - ▶ Request for an additional fire hydrant on site near the sober living dorm.
- ▶ Construction plans were submitted to Ukiah Planning and Building.
- ▶ Grading Permits are in process and expected the first week of October 2023.
- ▶ Prevailing wage guidelines and competitive bid practices are to be followed for construction.

Expansion Timeline Projections

- ▶ Week of 10/2/23 Finalize construction budget, grading permit attained.
- ▶ Week of 10/12/23 Building permit attained.
- ▶ Week of 10/23/23 Construction Begins.
- ▶ May – June of 2024 Construction Completion.
- ▶ April 2024 Update staffing plans and identify any needed additional staffing.
- ▶ May 2024 Hire/train/reassign staff; request DHCS Visit.
- ▶ June 2024 move existing SLE clients to new SLE dorm.

Expansion Conceptual Budget for Construction

Description	Original Overall Category Budget	Percent of Construction
Construction	6,083,500	84.892%
Schematic Design Subtotal	46,300	0.646%
Design Total	261,000	4.290%
Architectural Construction Admin	65,000	1.068%
Total Cost of project	7,166,142	100%

Ford Street Outcomes for Existing Programs

- ▶ Between July 2020 and April 2023:
 - ▶ 57% of residential treatment clients left to independent housing
 - ▶ 40% of residential treatment clients were employed upon leaving services
- ▶ 65% of Withdrawal management clients were from Mendocino County
- ▶ Typical residential treatment stays are 30, 60, or 90 days; withdrawal management are 7 days.
- ▶ 61% of URC residential and Withdrawal management complete treatment; the national average for residential treatment is between 35-45%.
- ▶ 58% of URC SLE clients complete SLE; there is not benchmark for SLE as they are considered housing.

Total SUDT clients served over the past 3 years

	FY 20-21	FY 21-22	FY 22-23
Total Clients Served	231	263	387
Withdrawal Management Clients	104	134	217
Percentage withdrawal management	45%	51%	56%

Proposal Funding Specifics

(“What do we get for what we allocate”)

- ▶ Sober Living Environment total 24 beds (increased by 6 beds.)
- ▶ Residential environments will be fully furnished.
- ▶ Residents receive meals during their stay.
- ▶ Residents are drug tested.
- ▶ Staff is on site 24 hours per day for supervision and supports.
- ▶ Supportive activities include:
 - ▶ Goal planning
 - ▶ Medication management
 - ▶ Sobriety support activities
 - ▶ Educational skills development
 - ▶ Vocational skills development
- ▶ Maintenance garage for housing equipment and infrastructure related to solar panels and maintenance.
- ▶ Adding the Sober Living Dorm allows for relocation of treatment clients to allow for expansion of residential treatment and withdrawal management beds into existing SLE space. This is expected to increase capacity, reduce waitlists, and impacts on Emergency Departments.

Who they will serve

- ▶ Ford Street Project prioritizes services for Mendocino County residents.
- ▶ Ford Street Project is part of the Partnership Health Plan of California Regional Model for delivering Drug Medi-Cal services- a partnership with 8 Counties and serves all 8 counties.
- ▶ The Sober Living Environment is not Medi-Cal reimbursable and so is predominantly self pay via the income of residents following more intensive treatment.
- ▶ Sober Living is intended for individuals with less than 2 years sobriety, needing additional support and structure to maintain sobriety.
- ▶ Average lengths of stay are anticipated to be 6-9 months.
- ▶ They anticipate using existing staffing patterns but may need to add 1-2 withdrawal management staff due to the increase in bed availability.

Sustainability

- ▶ Ford Street Project's UCR annual operations budget is \$2.8.
 - ▶ 37 FTEs
 - ▶ Over 20 food bank volunteers
- ▶ 25% of Sober Living Clients are on a self pay program.
- ▶ 50% of clients are referred and paid for by MC Probation.
- ▶ The remaining 25% of clients are referred by the MC Public Defender's office and/or Tribal Governments.
- ▶ SLE Residential Income Information looks at income resources such as wages, tips, bonuses, social security, retirement, disability benefits, unemployment, disability or workers' compensation, severance pay, TANF/GA, alimony or child support, recurring gifts, ownership of property and other income in determining ability to pay and qualify for funding.
- ▶ SLE Rates are between \$30 and \$65 per day
- ▶ Ford Street Project has been approached by Anthem to accept Private Insurance, but is awaiting the expansion and ability to address capacity constraints.

Demographics on who is currently served

- ▶ July 2020 – April 2023
 - ▶ 5% African American/Black
 - ▶ 0% Asian American
 - ▶ 3% Hispanic/Latino/a/x
 - ▶ 12% Native American
 - ▶ 72% white
 - ▶ 8% More than one race/ethnic group
- ▶ Since July 2020 42 Probation clients were referred to Residential Treatment, 88 Probation clients were served in Sober Living.
- ▶ Approximately 50% of current clients for withdrawal management or residential treatment began using substances around age 12, some as young as age 8.
 - ▶ Most were introduced by family or close friends.

Partnership Service Data from 7/2020-4/2023

- ▶ 443 Total PHC Regional Model Participants
 - ▶ 294 (66.4%) receiving residential treatment (Level 3.1) Ford Street Project is the only 3.1 provider in Mendocino County
 - ▶ 284 (64.1%) receiving withdrawal management (Level 3.2)
 - ▶ 74 (16.7%) receiving outpatient treatment
- ▶ 300 Mendocino County Participants (67.7% of the total PHC Regional Partnership count of 443 for the period)
 - ▶ 185 (61%) Residential Treatment Level 3.1
 - ▶ Ford Street Project is the only Level 3.1 provider in Mendocino County
 - ▶ 175 (58%) Withdrawal Management Level 3.2
 - ▶ 74 (24%) Outpatient

Additional Information

- ▶ The RFP Evaluation Committee recommends:
 - ▶ A clause be added to the contract allowing for use for the intended project for a minimum number of years or reimburse County for project cost.
 - ▶ Priority for Mendocino County Residents
 - ▶ Sliding fee schedule

Mendocino County Jail Behavioral Health Wing

Jail Behavioral Health Wing

- ▶ Mendocino County Jail Behavioral Health wing designed to meet the needs of inmate populations suffering for mental health and substance misuse conditions.
- ▶ The build of the behavioral health wing is imperative in serving populations currently housed within the Mendocino County Jail, as well as persons housed in the future.
- ▶ Inmate populations diagnosed with a mental illness and on psychotropic medications over the last several years make up 22 percent of the population.
- ▶ Current housing options make it challenging for mental health staff to treat them in a comprehensive and focused manner.
- ▶ The need for mental health and substance misuse treatment and programs for those in custody is increasing, the current architecture is problematic for delivering these services and programs.
- ▶ The Sheriffs' Office, our justice partners, and Behavioral Health Department have taken this problem head on. We have implemented diversion programs that have helped reduce this populations.
- ▶ Central to the mission of the behavioral health wing and housing unit is the delivery of high-quality medical, mental health, and substance misuse treatment services and the creation of modern, therapeutic housing units with program areas for Persons in Custody of all classifications.
- ▶ Requested amount to complete the behavioral health wing: \$6,500,000.
- ▶ Total anticipated cost: \$44M; \$25M from the state; \$12.5M set aside by the BOS

Measure B Funding Request

Measure B Request For Funding

- ▶ Behavioral Health Wing of the Jail - \$6,500,000
- ▶ Ford Street Program Request for Proposal - \$2,625,000
- ▶ Capital Facilities Maintenance for Crisis Residential, Training Center, & Psychiatric Health Facility - \$3,007,000
- ▶ Other Projects considered by Measure B - Cost unknown