



## PROCLAMATION OF THE

## MENDOCINO COUNTY BOARD OF SUPERVISORS

"RECOGNIZING SEPTEMBER 5 – 11, 2016, AS NATIONAL

## SUICIDE PREVENTION WEEK IN MENDOCINO COUNTY"

WHEREAS, since 1975, National Suicide Prevention Week awareness events have been held corresponding with World Suicide Prevention Day; and

WHEREAS, suicide is the 10<sup>th</sup> leading cause of death in the United States and the 2<sup>nd</sup> leading cause of death among 15-24 year olds (www.suicidology.org); and

WHEREAS, there are 117 completed suicides in the United States every day, translating in to one death to suicide every 12 minutes (<a href="www.suicidelogy.org">www.suicidelogy.org</a>); and

WHEREAS, there are approximately 1,069,325 suicide attempts in the United States annually, translating into one attempt every 30 seconds (<a href="www.suicidology.org">www.suicidology.org</a>); and

WHEREAS, it is estimated that there are 6 survivors for every completed suicide (www.suicideology.org); and

WHEREAS, most people who attempt suicide do not want to die, they want to stop the pain and hurting; and

WHEREAS, suicide is preventable (www.suicideispreventable.org); and

WHEREAS, suicide prevention starts with recognizing the warning signs and taking them seriously (<a href="www.suicideispreventable.org">www.suicideispreventable.org</a>); and

WHEREAS, the Mendocino County Health and Human Services Agency, Behavioral Health and Recovery Services is committed to raising awareness, providing education and training on suicide prevention, and reducing stigma.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims September 5 - 11, 2016, as "National Suicide Prevention Week" and calls upon families, government agencies, businesses, schools, and health care institutions to support increasing awareness and reducing stigma.

Dated:	August 16, 2016	
Dan Gj	erde, Chair	



