

2016 HEADWATERS TO OCEAN DESCENT

An Expedition of the RUSSIAN RIVER CONFLUENCE

What: The *Headwaters to Ocean Descent* of the Russian River is comprised of three continuous paddle explorations where regional leaders will paddle, eat and sleep along the length of the River on lands public and private. The *Descent* traverses over 100 miles of the Russian River, through the rugged beauty of Mendocino and pastoral Sonoma Counties. For the duration of this ten-day journey, expedition participants will share meals, swap experience, and take in the power of the River itself, building age-old comradery and “can do” among people and across ideologies through shared time and place.

The third exploration, ending at the mouth of the Russian River October 9th, will bookend the trip and include an invitation to all interested to join in the last two days of paddling and camping as a community focused on the health of the River. The model of TrekSonoma — *people traveling across the open landscape for multiple days without stepping into a motor vehicle* — provides the foundation for this journey.

Where & When: The *Headwaters to Ocean Descent* is 3 separate paddles over 8 weeks. The concluding reach includes a warm invitation for the public to paddle and camp out ~ October 8 & 9.

- Lake Mendocino to Cloverdale : August 24- 27
- Cloverdale to Forestville: September 7- 9
- Forestville to Jenner: October 7- 9

Who: Leaders of action are attending. James Gore - Sonoma County Supervisor, Craig Anderson - LandPaths, Caryl Hart - Sonoma County Regional Parks, Don McEnhill - Russian RiverKeeper, along with First Nation Elders and leaders from the Mendocino and Sonoma Resource Conservation Districts, Farm Bureau and Public and Non-Government Agency Representatives, Farmers and Ecologists. All paddlers will be committed and willing to work for a healthy river and Counties—their community, economy and environment.



Caryl & Mickey Hart



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