

PROCLAMATION
OF THE
MENDOCINO COUNTY BOARD OF SUPERVISORS
RECOGNIZING NOVEMBER 2016 AS
NATIONAL DIABETES AWARENESS MONTH
IN MENDOCINO COUNTY

WHEREAS, most current data tells us that over 2.3 million California adults report having been diagnosed with diabetes, representing one out of every twelve adult Californians. The vast majority of diabetes cases in California are type 2, representing 1.9 million adults; and

WHEREAS, the prevalence increases with age – one out of every six adult Californians aged 65 and above have type 2 diabetes; and

WHEREAS, approximately 7,760 adults in Mendocino County have been diagnosed with diabetes; and

WHEREAS, diabetes is a serious health condition and a major risk factor for heart disease and stroke. Uncontrolled diabetes can lead to significant disability, including blindness, amputations, and kidney failures; and

WHEREAS, diabetes is the seventh leading cause of death in California, and determined to be the underlying cause of death in almost 8,000 people each year; and

WHEREAS, Mendocino County healthcare providers, other community partners and community lay leaders strive to provide quality education and support to residents with diabetes and other chronic diseases; and

WHEREAS, this years' theme of "Managing Diabetes - It's Not Easy but It's Worth It" highlights the importance of managing diabetes to prevent diabetes-related health problems such as heart attack, stroke, kidney disease, vision loss, and amputation. The theme also serves as a reminder to people who may be struggling with the demands of managing diabetes, that they are not alone. For more information about prevention and managing diabetes visit the National Institute of Diabetes website at www.diabetes.org and/or National Institute of Diabetes and Digestive and Kidney Diseases website at www.niddk.nih.gov.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims November, 2016, as:

"National Diabetes Awareness Month in Mendocino County"

Dated: November 14, 2016

Dan Gjerde, Chair