

Redwood Community Services Mental Health Facility Narrative

Redwood Community Services, Inc. (RCS) currently provides Specialty Mental Health Treatment Services throughout Mendocino County. RCS is also the Crisis Mental Health provider for Mendocino County. Crisis Mental Health services are provided out of two Crisis Access Centers located in Ukiah and Fort Bragg. The Crisis Access Centers provide 24-hour emergency services at each site and at the Emergency Departments of our three in-county hospitals.

RCS is developing a new Mental Health Crisis Center in Ukiah that will include a Crisis Access Center, a Crisis Stabilization Unit (“CSU”) and a 10-bed Adult Crisis Residential Treatment (“CRT”) facility. The Crisis Access Center will provide Emergency Mental Health Treatment Services that include: Crisis Intervention services (including 5150 Evaluations and Psychiatric In-patient Placement), 60 days of post hospital discharge services and up to 60 days of out-patient Specialty Mental Health services. Specialty Mental Health services can include Targeted Case Management, Therapy, Rehabilitation and Medication Support services. The Crisis Stabilization Unit will be able to hold crisis clients for up to 72 hours to evaluate the client’s immediate mental health needs, provide stabilization services and secure in-patient placement if needed. The Crisis Residential Facility will provide up to 30 days of intensive trauma-informed wraparound services for patients who suffer from a significant mental health barrier that prevents them from living safely in the community. (Participants may remain in the program for an additional 30-day period as determined by the treatment team.) The program will provide 24/7 staffing, intensive mental health services in the context of a therapeutic community, assistance with and linkage to employment resources, education, health care, and permanent housing support. An integrated individualized case plan is developed for each client at entry. Mental Health services will be individualized and strength-based; use a team-driven process with clients as equal members; be culturally appropriate; use flexible approaches made possible by adequate, flexible funding streams; have a balance of formal and informal community and family supports; involve interagency collaboration; and include continuous evaluation by the multi-disciplinary treatment team. The CRT and CSU Programs will provide a clinically effective and cost-efficient alternative to psychiatric hospitalization for individuals experiencing a mental health crisis.

It is anticipated that these programs will serve over 1000 individuals annually with CRT and CSU services beginning within one year following final allocation of Grant funding.

“While an array of public and community-based supportive services exist, providers are siloed and working in isolation. This has led to a fragmented and disjointed service landscape characterized by lack of continuity of care, delay, and inadequate responses, especially for those with co-occurring disorders. There is, for example, no residential wraparound mental health treatment facility for members of the target population”¹

The following data sets were compiled and analyzed to identify the population of Medi-Cal beneficiaries with Serious Mental Illness (SMI) with some having co-occurring disorders.²

¹ Proposition 47, Publicly Accessible Data Sets (2015)

² Mendocino County Health and Human Services Agency – Whole Person Care Pilot Application Round 2 (2017)

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Table 1. Prioritized groups within target population

CRITERIA	NUMBER OF CLIENTS
Total number of clients with high costs	218
Mental Health Services exceeding \$20,000	79
3 or more Emergency Room visits	94
2 or more in-patient hospital admissions to an acute care facility	20
Chemical Dependency	82
Diabetes	46
Hypertension	57
Homeless	36

In addition to the information above, Redwood Quality Management Company's (RQMC) "Data Dashboard" information, the Ukiah Police Department (UPD) pie chart regarding UPD Mental Health Detentions in 2016 and Mendocino County's, full text of Measure B on the ballot on November 7, 2017, are all included with the CDBG application. These supporting documents further show the need for an expanded crisis facility providing additional services beyond what is currently offered in Mendocino County.