

# Triple P Parenting Program

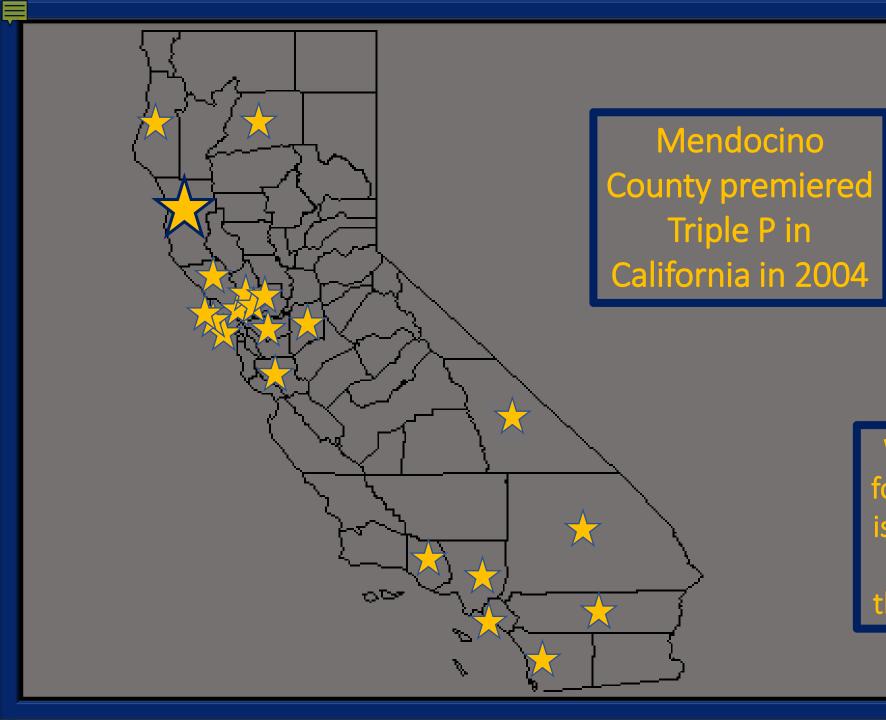


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## Triple P is an International Evidence-Based Practice implemented in over 25 countries





With many counties following suit, Triple P is now represented in over 20 counties throughout the state!



## Triple P Design

### The Public Health Approach

Triple P works as both an early intervention as well as a prevention model by targeting multiple factors that not only affect the individual, but the broader community as well.

Breadth of reach

Intensive Family Intervention

Broad focus parent training

Narrow focus parent skills training

Brief parenting advice

Communications strategy

Level 5

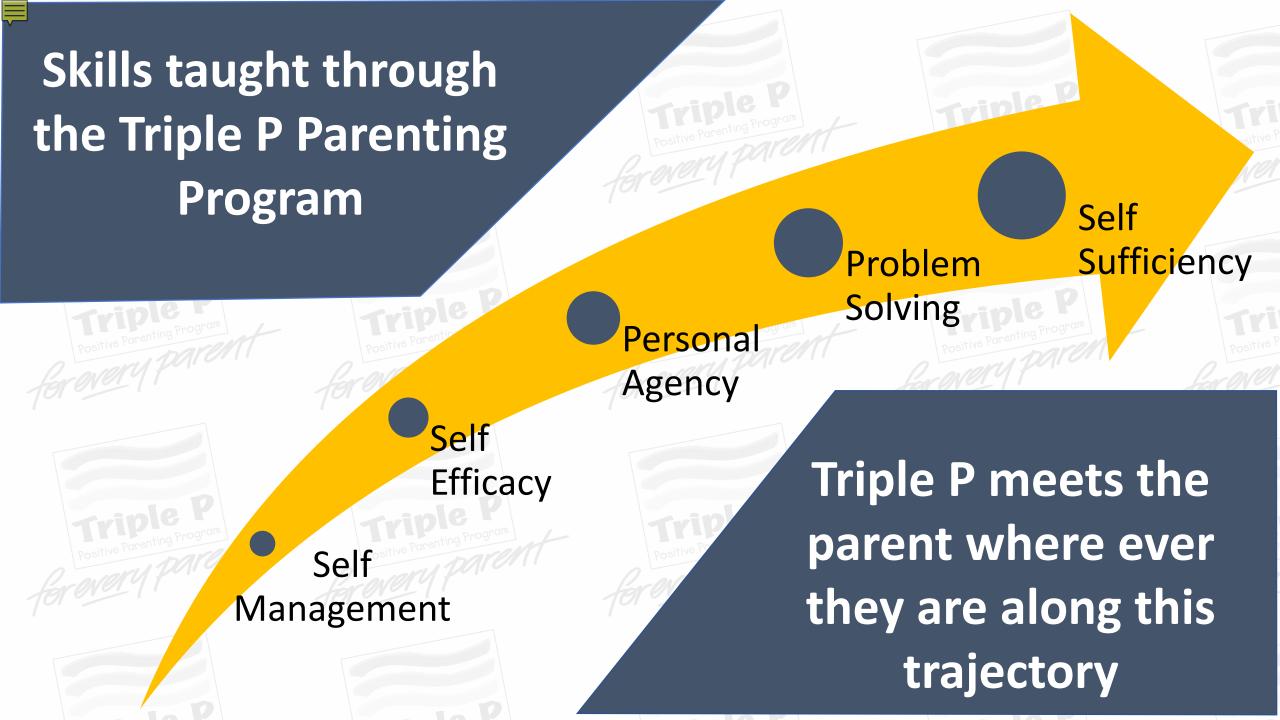
Level 4

Level 3

Level 2

Level 1

Intensity of intervention





## Triple P Results

#### **Parent Outcomes**

- Improved sense of parenting satisfaction and competence
- Decreased levels of parenting anxiety and stress
- Reporting lower levels of dysfunctional parenting practices
- Lower levels of conflict over parenting issues

#### **Child Outcomes**

- Reduction in child behavior problems
- Decrease in rates of child maltreatment
- Reduction in out-of-home placements of children
- Decrease in rates of child hospitalizations and ER visits due to maltreatment

#### **Substantiated Child Abuse & Neglect** 45 Triple P Introduced to Mendocino County 40 -California 35 -Mendocino 30 25 20 15 10 5 0 2002 2003 2004 2005 2006 2007 2008 2009 2010 2012 2013 2014 2015 2011 -California 11.7 11.6 11.5 11.3 11.2 10.2 9.6 9.5 9.3 9.2 9.1 8.2 Mendocino 38.2 34.6 41.3 32.6 28.9 33.6 25 21.2 21.6 19.8 16.8 19.4 19

## January as Mendocino County's Positive Parenting Awareness Month

**•2017** 

**•2018** 

**•2019** 

•2020

**•2021** 



**Initiative** 

**Approved by F5** 

Commission



Proclamation
Approved by
Board of
Supervisors



Special Events at EVERY Family Resource Center



Counselors, Aids, and Therapists trained in Triple P



Featured as an appoved parenting standard