

PROCLAMATION
OF THE
MENDOCINO COUNTY BOARD OF SUPERVISORS
RECOGNIZING MAY 2018 AS
MENTAL HEALTH AWARENESS MONTH
IN MENDOCINO COUNTY

WHEREAS, Mental Health America established Mental Health Awareness Month in 1949 to reach individuals across the nation by reducing stigma, and teaching about the signs of mental illness (mentalhealthamerica.net/may); and

WHEREAS, one in five adults experience a mental health condition such as depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress in a given year (nami.org/learn-more/mental-health-by-the-numbers); and

WHEREAS, half of mental illness manifests in individuals by the age of 14, and three-quarters by the age of 24, (nami.org/learn-more/mental-health-by-the-numbers); and

WHEREAS, Over one-third of students with a mental health condition who are served by special education programs drop out of school, this being the highest drop-out rate of any disability ([https://nami.org/learn-more/mental-health-by-the-numbers](http://nami.org/learn-more/mental-health-by-the-numbers)); and

WHEREAS, only 41% of adults in the United States with a mental health condition received services in the past year ([https://nami.org/learn-more/mental-health-by-the-numbers](http://nami.org/learn-more/mental-health-by-the-numbers)), Mendocino County has two phone lines available to the public, Access Line (1-800-555-5906) for nonemergency service requests and the Crisis Line (1-855-838-0404) for emergency situations; and

WHEREAS, the pathway to improving the negative outcomes of untreated mental illness is through community outreach and empowerment of individuals with the support and resources they need to thrive; and

WHEREAS, Mendocino County Health and Human Services Agency, Behavioral Health and Recovery Services is dedicated to raising awareness, educating the community about the signs of mental illness, reducing stigma and helping people recover from the consequences of untreated mental illness;

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaim May, 2018 as:

“Mental Health Awareness Month”

Dated: May 8, 2018

Dan Hamburg, Chair