Work Experience:

4/13 – Present Principal

Walk & Bike Mendocino

Founding member of organization. Prepared and implemented business plan to take organization from grass roots, all volunteer effort to a mature and effective professional organization. Responsible for fundraising and donor development, budgeting, marketing, and program development.

5/04-Present Founding Member/Executive Director Ukiah Valley Trail Group

Founded, organized, established non-profit status for UVTG

Through a variety of promotional efforts attracted a list of over 600 supporters. Established working relationships and completed projects with the Army Corps of Engineers at Lake Mendocino, BLM Ukiah Field Office, County of Mendocino, City of Ukiah, Redwood Valley Outdoor Education Project and the California Conservation Corps.

Wrote successful grant applications with the Erikson Foundation, Mendocino County Tobacco Settlement Grant, Community Foundation of Mendocino, and the Ukiah Chamber of Commerce.

Planned, raised funding and supervised the building of 6 miles of trail on the East side of Lake Mendocino (~ \$20,000 budget), a 60 foot bridge at Lake Mendocino (~ \$100,000 budget), and the 1.5 mile "City View" trail at Low Gap Park (~ \$30,000 budget).

9/14- 1/16 Public Health Nurse

Round Valley Indian Health

Performs professional nursing tasks in support of the Medical Community Health Services Program of RVIHC. Assesses community needs and develops strategies and implements plans to improve community health. As a member of the Outreach team is responsible for planning program activities and coordinating community resources. Advises the Native American community on health care and health promotion, disease prevention, and assists in continuing the care advised by medical providers.

9/13 – 9/14 Development and Communications Manager Community Foundation of Mendocino County Responsible for donor development and communications.

9/11 – 4/2013 Director of Nurses

Mendocino Community Health Clinics

Responsible for nursing services at three community Health Clinics in Lake and Mendocino County (Ukiah, Willits, Lakeport).

Supervised three lead nurses at each site and 50 + employees. Annual evaluations completed on all staff.

Mentored two new lead nurses as they assumed leadership roles.

Established practice of "rounding for outcomes" with lead nurses and staff.

Working with consultants and an MCHC team, re-engineered the flow of patients through the clinics. Assumed a leadership role in managing the change process. Standardized work processes for all three sites.

Provided training for all nursing staff on Patient Centered Health Home, Care Coordination, Population Management, Communication Skills, and Motivational Interviewing.

2/11-9/11 Director, Intensive Care Unit Ukiah Valley Medical Center

Responsible for all clinical aspects of 24/7 nursing care in a 6 bed Intensive Care Unit. Monitored and responded to quality of care issues for the unit investigating 6-12 incident reports per month using a variety of methods including root cause analysis.

Responsible for educating and assuring competence of 20 plus member nursing and clerk staff.

Consulted on clinical practicality of plans for a new 8 bed ICU scheduled to be completed in the summer of 2013

Developed education/training plan to prepare for increasing ICU nursing staff by 33% Developed a staffing plan for the combination 12 bed ICU/PCU.

Coordinated with Lean team to save cost and improve efficiency of ICU supply stream and stocking.

1/08 – 2/11 Clinical Nurse Supervisor, Intensive Care Unit Ukiah Valley Medical Center

Assisted the Director of Acute Care Services in 24/7 provision of acute nursing care for a 30 bed Medical Surgical Unit and 6 bed ICU.

Responsible for educating and assuring competence of over 70 nursing staff members. Achieved 100% staff competency completion/verification and documentation- improved from 0% in three + years prior to assuming role.

Updated competencies and initiated "best practices" of training competence verifiers and using scenario based competency reviews.

Provided assistance and leadership to UVMC's Wound Care Team as they provided staff education, wrote a new policy, and responded to a multi-day Department of Public Health audit.

As a certified instructor provided training in Non Violent Crisis Intervention to over 100 employees.

In coordination with the ICU Medical Director, developed a "best practice" of Daily Grand Rounds.

In coordination with the ICU Medical Director, developed preprinted orders for the most common patient complaints – a "best practice".

Monitored and approved time cards for over 100 employees.

In 6 month period in 2010 decreased change of shift double-time/overtime in ICU by 60% saving an estimated \$27,594/year.

Monitored and responded to quality of care issues for the unit investigating 12-20 incident reports per month.

Developed and facilitated an educational series for Charge Nurses and House Supervisors (Super Charge Meetings).

Successfully proposed and implemented a plan assuring experienced ICU nurses were provided paid educational trips to national conferences.

Planned and managed a three day Nursing Education Conference at UVMC, a first for UVMC.

Represented the Medical Surgical and Intensive Care units in multiple Department of Public Health audits.

Improved director level rapid response team practices to ensure that charge nurses were not left "holding the phone".

11/98- 1/08	Staff/Charge Nurse	Emergency Department UVMC
5/98-11/98	Staff Nurse	Med/Surg UCSF Medical Center
4/97-5/98	Staff Nurse	Med/Surg UVMC
10/96-4/97	RN Intern	Ukiah Valley Medical Center
5/95-5/96	Coordinator	CancerCare Center
		St Francis Memorial Hospital

Education: BS Nursing (Honors) BA Psychology (Honor Society)

Certifications: Registered Nurse, CA Public Health Nurse

RN #518700

1996

1996

Dominican College

Dominican College

CA Certificate #PHN 55903

Relevant experiences:

Presented "Healthy Trails, Healthy Funding" at the 2007 CA Trails & Greenways Conference

UVMC Leadership Development Institute Trainings in Studer Group Methodology Introduced and trained ED staff in ESI Triage System Team Leader H-Works "Hospital Throughput Improvement Effort"

Leadership Mendocino, Class 15

Participant in Steve Zuiebeck's Group Facilitation for Chaotic Times Class Board Member North Coast Striders Running Club 2002 -2009