

RECOMMENDATIONS

Mendocino County Behavioral Health System
Program Gap Analysis & Recommendations
for Allocation of Measure B Revenues

by Kemper Consulting Group
August 2018

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY COMMITTEE

Jan McGourty, Chair
November 14, 2018
Amended December 17, 2018








KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES (page 41)

*	Service	Details	Consultative Results for Recommendations
1	PHF or other inpatient psychiatric care	Ave. 3-5 days Max. 30 days	☛: Put out a detailed RFI (Request for Information) for all pre-crisis and crisis facilities including staffing and maintenance requirements for each type of facility
2	Crisis Residential Treatment (CRT)	3 mos. maximum	☛: It is imperative to create a CSU/CRT facility in Fort Bragg that can serve pre-crisis and 5150 holds in collaboration with coast community and agency partners.
	Types of Involuntary MH Holds 5150 - 72 hours 5250 - + 14 days 5270 - + 30 days		☛: Create a multiple use facility to consolidate staffing needs
3	Crisis Stabilization Unit (CSU)	24 hrs. <i>pending legislation to extend 72 hrs. (??)</i>	☛: Explore other venues besides RCS Orchard Street Project and old Howard Hospital
4	Expanded outreach	3 mobile teams: 4 days/week 8:00 a.m. - 6:00 p.m.	☛: Expand the Mobile Outreach Program Services (MOPS) to serve more locations with more hours. ☛: Verify that each MOP team has two persons (sheriff tech & MH employee)
5	Outlying/Remote areas of county		☛: Mendocino County should take the lead in promoting legislation to provide private insurance parity with mental health Medi-Cal services. ☛: Focus on collaboration with clinics around the county for MPS/RQMC continuation of care, using teleconference service if necessary.

KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES CONTINUED

*	Service	Details	Consultative Results for Recommendations
6	Expand support programs & wellness efforts	<ul style="list-style-type: none"> • <i>med management</i> • <i>employment services</i> • <i>family support</i> 	<p>☛: Create common definitions for “wellness” and “cultural competency.”</p> <p>☛: Expand existing TAY (Transitional Age Youth) services to include adult care.</p> <p>☛: Encourage and support employers and physicians to integrate physical, emotional and spiritual personal wellness so health needs are met.</p> <p>☛: Expand hours of wellness coaches to navigate MH system into outlying areas</p> <p>☛: Provide more family support, particularly non-traditional methods.</p>
7	Day Treatment	<p><i>Definition:</i></p> <ul style="list-style-type: none"> • <i>Licensed facility</i> • <i>BH treatment</i> • <i>outpatient care</i> • <i>MD supervision</i> • <i>written client plan</i> 	<p>☛: Include a Day Treatment in any facility's program</p>
8	Supportive Housing		<p>☛: Build a range of integrated supportive and inclusive housing throughout the county.</p> <p>☛: Fund fiscal barriers for housing.</p>
9	Partial hospital care Rehabilitative care Board and Care		<p>☛: Build at least one board and care facility that is Medi-Cal billable.</p>
10	Expansion SUDT		<p>☛: Hire more counselors, particularly in outlying areas.</p> <p>☛: Collaborate with schools for prevention, particularly in tribal communities,</p>
11	5-Year Plan <i>Develop continuum of care</i>		<p>☛: Review the proposed 5-year plan of continuum of care by all stakeholders and collaborative partners.</p>

KEMPER'S RECOMMENDATIONS FOR ACTION & POLICY (page 43)

1	Supplement services NOT supplant services	 : Hire a dedicated Project Manager to oversee implementation of Recommended Actions on Measure B and manage all contracts.
2	Biannual Review Process	 : Review the progress of services and their cost every six months, noting any barriers to service.
3	Prudent Reserve of Measure B Funds for years 6-10	
4	Separate annual accounting of Measure B revenues/ expenditures	 : Collaborate annual Measure B accounting with Project Manager and County Auditor.
5	10-Year Strategic Plan	 : Plan for future sustainability.  : Annual review of plan with flexibility for amendment.
6	Restructure data provided by BHRS, RQMC & subcontractors	 : Report data by program & region in both children and adult systems of care.  : Monitor trends quarterly.

* Key:

Administrative	Services	Facility
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