

**PROCLAMATION**  
**OF THE**  
**MENDOCINO COUNTY BOARD OF SUPERVISORS**  
**RECOGNIZING MAY 2019 AS**  
**MENTAL HEALTH AWARENESS MONTH**  
**IN MENDOCINO COUNTY**

WHEREAS, Mental Health America established Mental Health Awareness Month in 1949 to reach individuals across the nation, to reduce stigmas, and to teach about signs of mental illness; and

WHEREAS, one in five adults in the United States has a mental health condition, and in Mendocino County, 5.19% of adults and 7.91% of youth live with a serious mental illness; and

WHEREAS, in 50% of lifetime mental illness cases, mental illness manifests by the age of 14, and in 75% of cases, mental illness manifests by the age of 24; and

WHEREAS, 12.63% of young people in the United States experience Major Depressive Episodes, and 62% of those individuals have not received treatment; and

WHEREAS, 56.4% of adults with a mental illness in the United States have not received treatment; and

WHEREAS, the pathway to improving the negative outcomes of untreated mental illness is through community outreach and empowerment of individuals with the support and resources they need to thrive; and

WHEREAS, Mendocino County Behavioral Health and Recovery Services is dedicated to raising awareness of statistics like these, educating the community about the signs of mental illness, reducing stigma, and helping people recover from the consequences of untreated mental illness; and

WHEREAS, Mendocino County will be participating in the National Stepping Up Month of Action as the County takes steps to reduce the population of people with mental illness in the jail.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims May, 2019 as:

“Mental Health Awareness Month in Mendocino County”

Dated:

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Carre Brown, Chair