

"Do no harm".

Really?

What if "Altered services" have completely wrecked me?

What if by RCS not actually doing real services anymore, is causing great harm?

What if by over medicating their clients they're causing great harm to the whole community?

People are literally dying over the incompetence and greed of MCHC and RCS.

How can people live with themselves knowing they are doing such harm to their clients?

Greed, maybe?

Ruined your first client on the Coast and do not seem to care.

...

I do not even know how to start getting on my feet.

I am not happy over the fact that I have to look outside of this county to try to find actual mental health assistance, when there are 2 agencies here that can't do their jobs.

Funny, the things that I was talking about, that was said in RCS progress notes was cognitive distortion, RCS actually played out.

Who's cognition is really distorted?

Set up too fail.

Broken.

Wrecked.

Depressed.

Desperately in need of actual services.

Feel extremely taken advantage of, after I was open and honest.

...

I wonder if you guys know what the meaning of the words, "desperately", "actual services", "flooded", "crashing" or "spinning out of control" means anymore?

I have been left completely wrecked due to the lack of actual services, which has left me flooded, desperately trying to get the services I need, to no avail, which leaves me spinning out of control.

I really trusted you guys to follow through, I believed you when you told me I had the support, you were really doing your jobs and that is what has been so devastating, "Altered Services", what a bad joke.

"Altered services" have left me in debt, depression and nowhere to go.

Now, about the summit.

Waste of a lot of money, again.

I have said it before at those meetings, "let's have a meeting", "have a meeting about the meeting", do a huge presentation fully funded and catered, with funds that could actually be used to achieve the "solutions" that were laid out years ago, just keep doing the same kind of shows and bill, bill, bill.

Seems that when people try to actually implement the solutions, they get in trouble for it, hence "altered services".

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I guess I should do the old "Oh you", "you really got me that time", "it will probably take me years to get up from", "let's go have a beer", like a lot of others seem to do around here when they get screwed.

Seems to be a 9-to-5 gouge everybody you can, after 5, one seems to be expected to have the attitude of "you got me that time", sad.

In this society it seems that most of the so called "upstanding citizens" are not so upstanding.

That seems to be what has trickled down in this trickle down economy, the really messed up behavior, Gouge thy neighbor, tell them what they want to hear, grab for all you can while trying to look good.

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I went to MCHC board meeting yesterday, 10/18/18.

After laying out all the damage that I have had to sustained by trying to get back on my feet and mental health help through Mendocino Coast Hospitality Center, as in, being wrongfully terminated, blocked by patients rights, denied services, denied due process and the list goes on, One of the board members (Walter Wetterman) told me "good luck" (tauntingly), after I said since I have been denied due process, I need to take it up levels.

For an agency that is supposed to do no harm, they have damaged myself and others severely for their own personal gains.

They seem to think that are untouchable.

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3/6/19

Every day is wait, schedule your issues, you are not allowed, "altered services".

I have been trying to tell you guys for months the damaging affects "altered services" has had.

I am not asking for anything that has not already been provided, as in actual services.

Let me see if I can explain this.

RCS on the coast, has taken their first client, who is chronically homeless and alcoholic (Greenandsobber for over 5years), with a TBI, provided actual services (useable groups and services).

Then in March 2018 "alter services" to the point of undoing almost all of the work done previously, causing that client severe harm and depression for many months.

I have said over and over exactly what I need in services, as a matter of fact, it is in my client plan, the MHSA plan and the mission statement.

Being setup to fail.

Richard Mack