

# PROCLAMATION

## OF THE

### MENDOCINO COUNTY BOARD OF SUPERVISORS

#### RECOGNIZING MAY 2023 AS MENTAL HEALTH AWARENESS MONTH IN MENDOCINO COUNTY

WHEREAS, Mental Health America established Mental Health Awareness Month in 1949 to reach individuals across the nation, to reduce stigmas, and to teach about the signs of mental illness; and

WHEREAS, 50 million adults in the United States are living with a mental health condition; and

WHEREAS, half of mental illness manifests in individuals by the age of 14, and three-quarters by the age of 24; and

WHEREAS, 56% of adults with mental illness did not receive any mental health treatment in 2022; and

WHEREAS, 60% of youth with depression did not receive any mental health treatment in 2022; and

WHEREAS, the pathway to improving the negative outcomes of untreated mental illness is through community outreach and empowerment of individuals with the support and resources they need to thrive; and

WHEREAS, Mendocino County Behavioral Health and Recovery Services and community partners are dedicated to raising awareness of statistics like these, educating the community about the signs of mental illness, reducing stigma, and helping people recover from the consequences of untreated mental illness.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims May, 2023, as:

“Mental Health Awareness Month”

Dated: April , 2023

---

Glenn McGourty, Chair