

Stanford SOCIAL INNOVATION REVIEW

Mendocino County Rocks

How One
Community is
Banding
Together
For Children



Five Ways to Navigate
the Fiscal Crisis

By David Foray
with John Foray

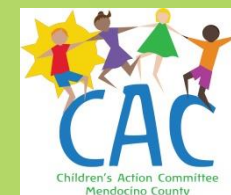
Connecting
Heart to Head

By Bruce Goldstone
with George
H. Rothman

The Rise of Social Capital
Markets Intermediaries

By John
D. Sorenson

Roundtable on
Impact Investing



SO

How ARE the Children..

IN OUR CARS
ON OUR BUSES
ON OUR PLAYGROUNDS
IN OUR NEIGHBORHOODS
IN OUR COURTROOMS
IN OUR CHURCHES
ON OUR STREETS
IN OUR PARKS
IN OUR HOMES



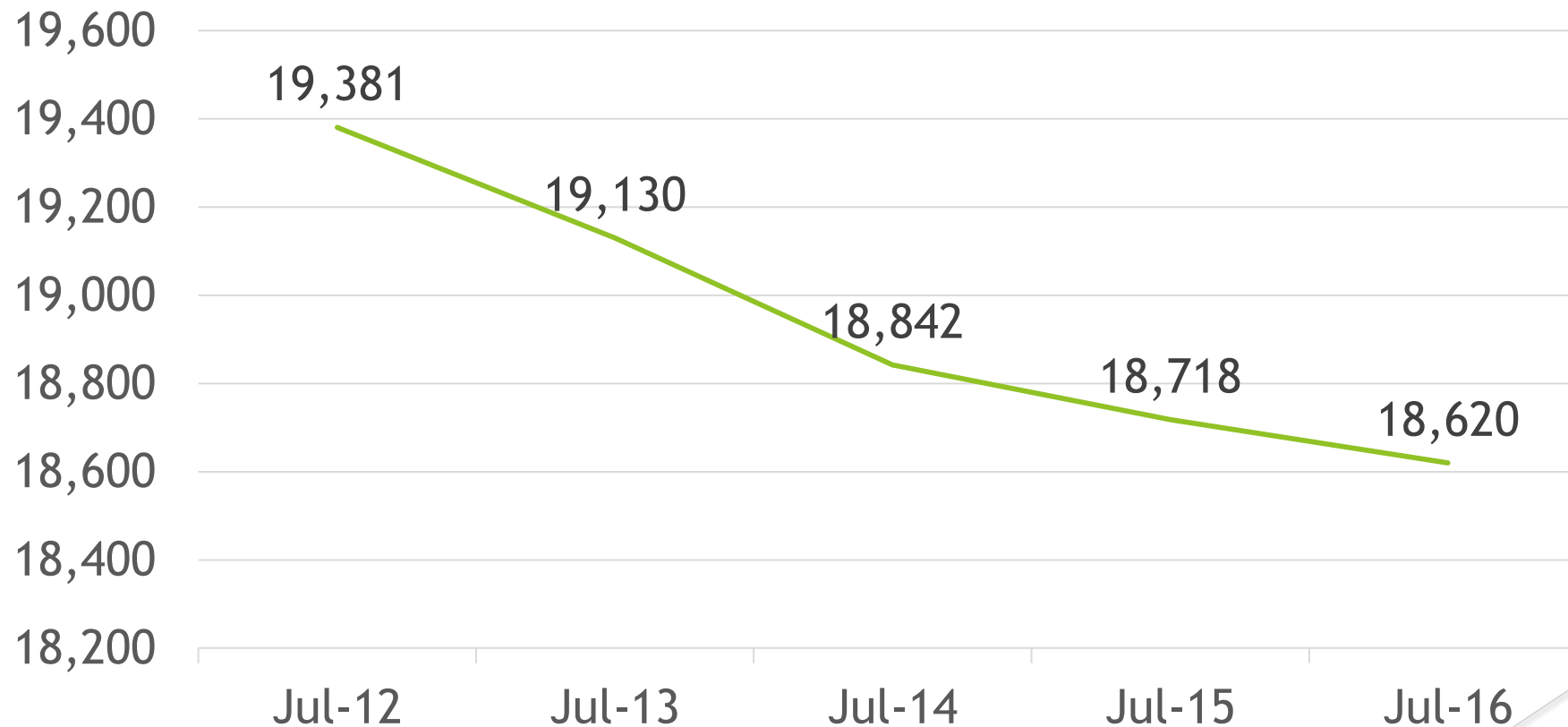
visit www.mendocinokids.org

...in

MENDOCINO COUNTY?

Child Abuse in Mendocino County

Mendocino County Child Population- Point In Time

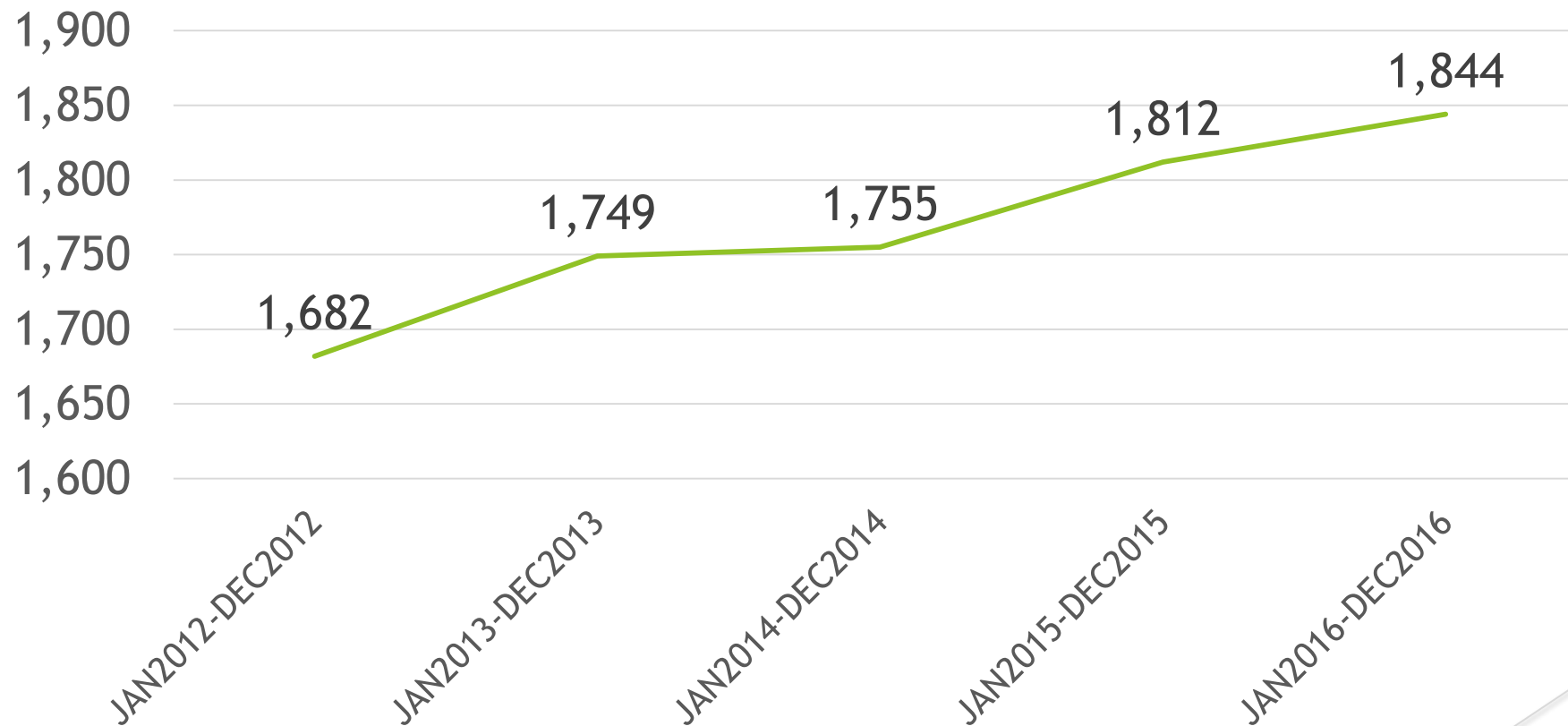


(UC Berkeley California Child Welfare Indicators Project, 2017)



Child Abuse in Mendocino County

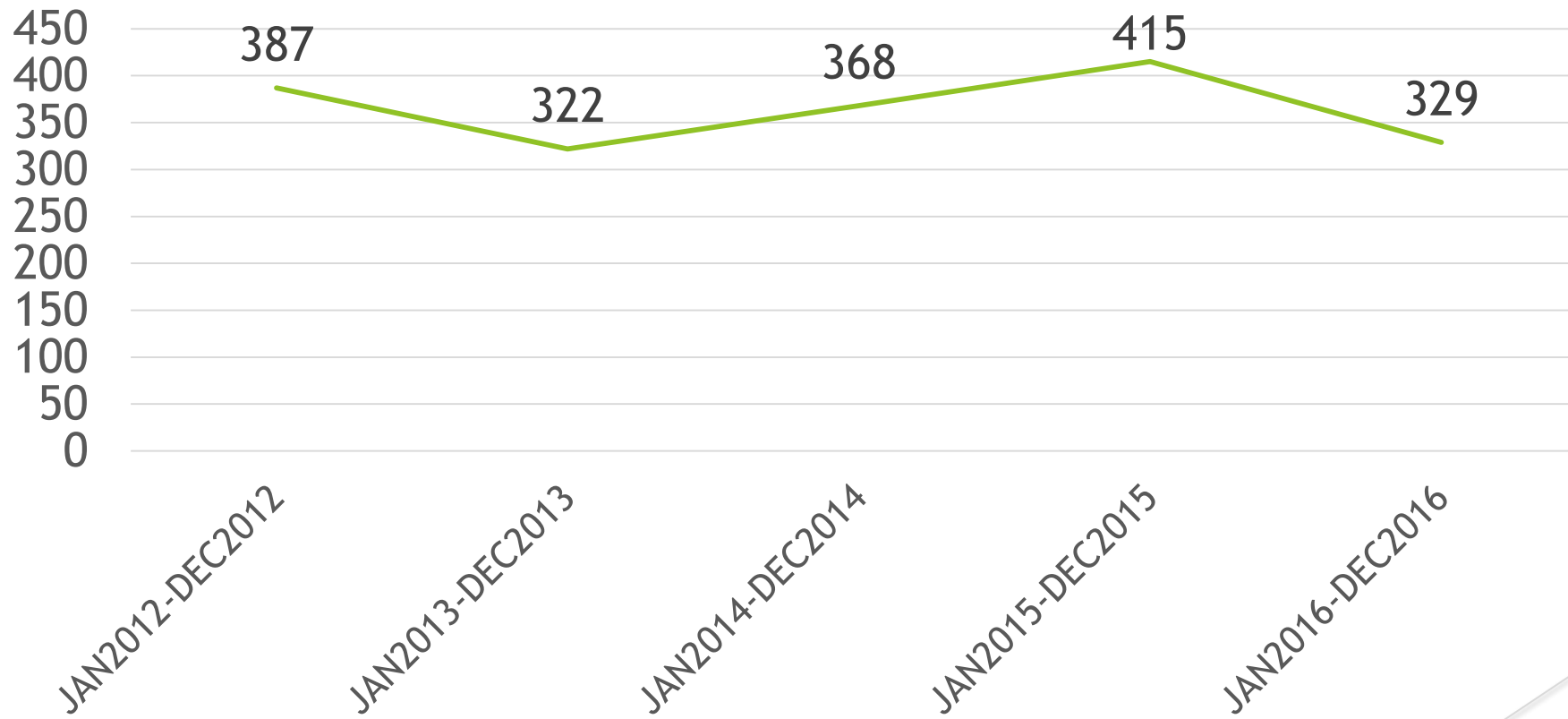
Number of children in Mendocino County with
allegations of abuse and neglect



(UC Berkeley California Child Welfare Indicators Project, 2017)

Child Abuse in Mendocino County

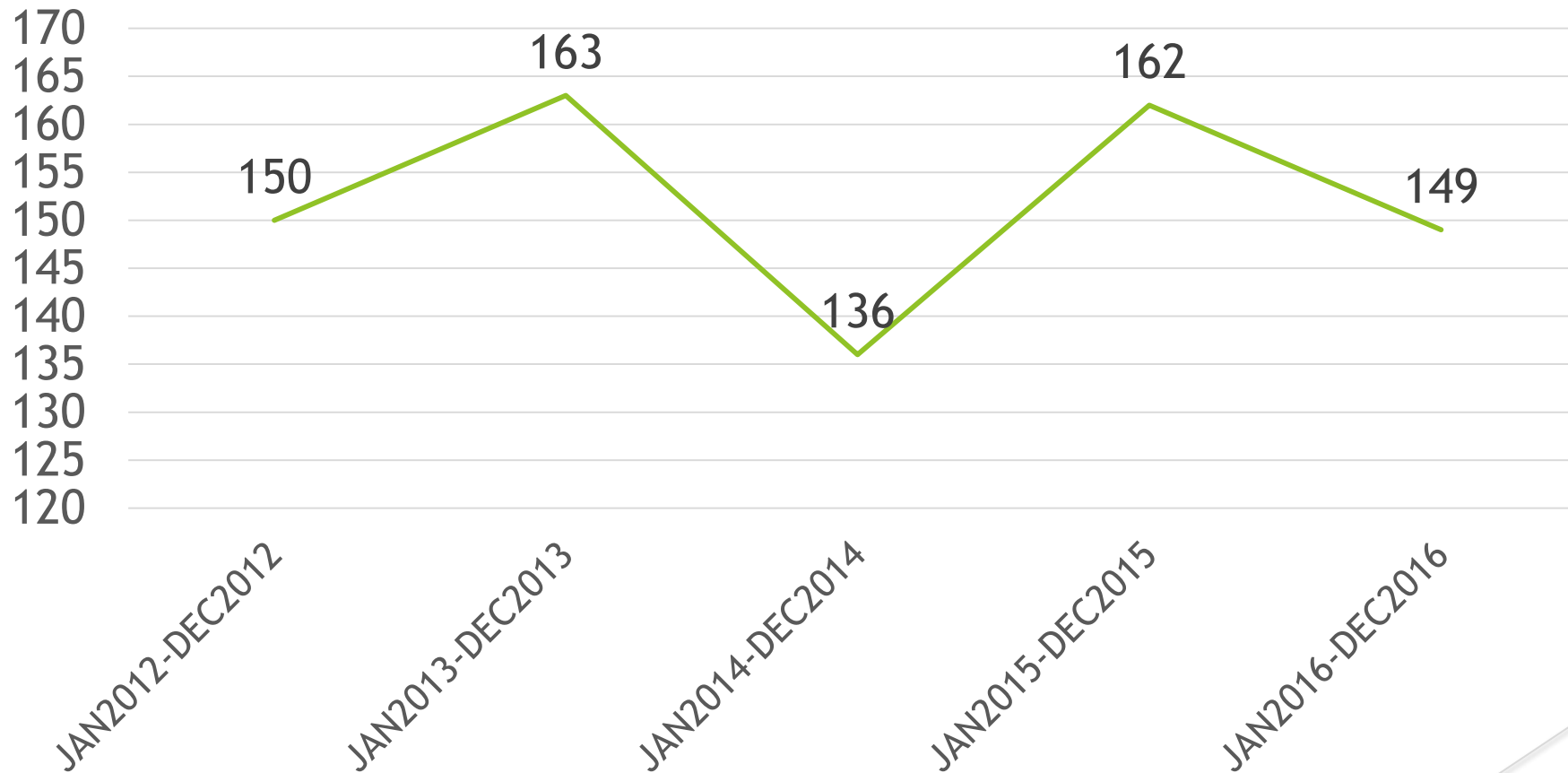
Number of children in Mendocino County with
substantiations of abuse and neglect



(UC Berkeley California Child Welfare Indicators Project, 2017)

Child Abuse in Mendocino County

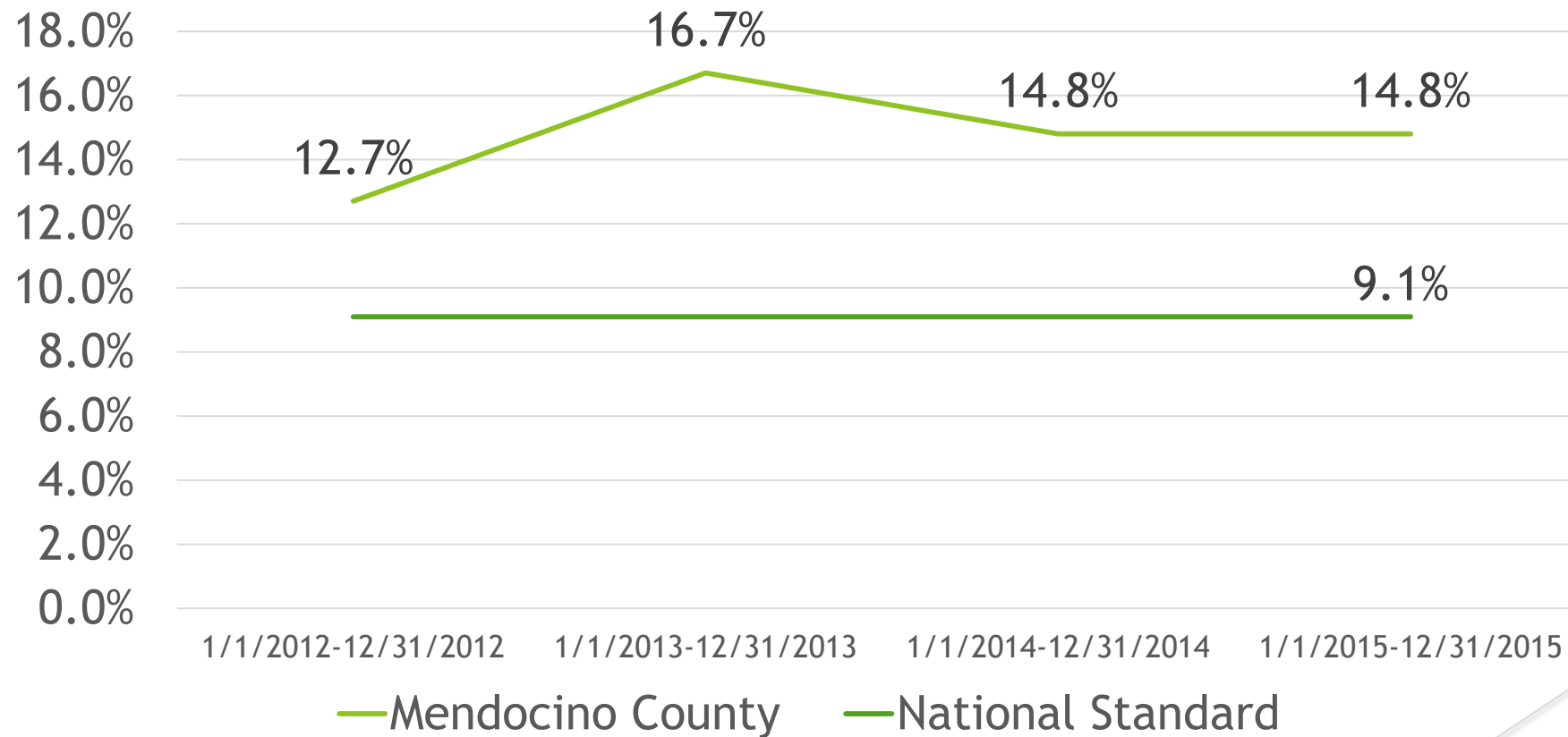
Number of children in Mendocino County entering foster care



(UC Berkeley California Child Welfare Indicators Project, 2017)

Child Abuse in Mendocino County

Mendocino County Recurrence of Maltreatment Rates
(new substantiation within 12 months of an initial substantiation)



(UC Berkeley California Child Welfare Indicators Project, 2017)

Childhood Trauma Action Team

- ▶ Childhood Trauma Action Team is one of the five focus area teams of the Community Health Improvement Plan or CHIP (Mendocino County Public Health Project)
- ▶ Trauma Action Team meets concurrently with the Children's Action Committee Monthly
- ▶ Overall focus on the Action Team is to shed light and focus energy on the impact of Adverse Childhood Experiences

5 Priorities for Improving Health in Mendocino County

On June 8, more than 100 residents from across the county took part in a Community Health Improvement Planning workshop in Ukiah. They joined the CHNA/CHIP Planning Group in choosing a set of priority issues based on their severity, impact on personal and community health, and potential for collective action to address them. Action Teams were formed for each issue.

Poverty

Housing

Mental Health

Childhood Obesity & Family Wellness

Childhood Trauma

Adverse Childhood Experiences (ACEs)

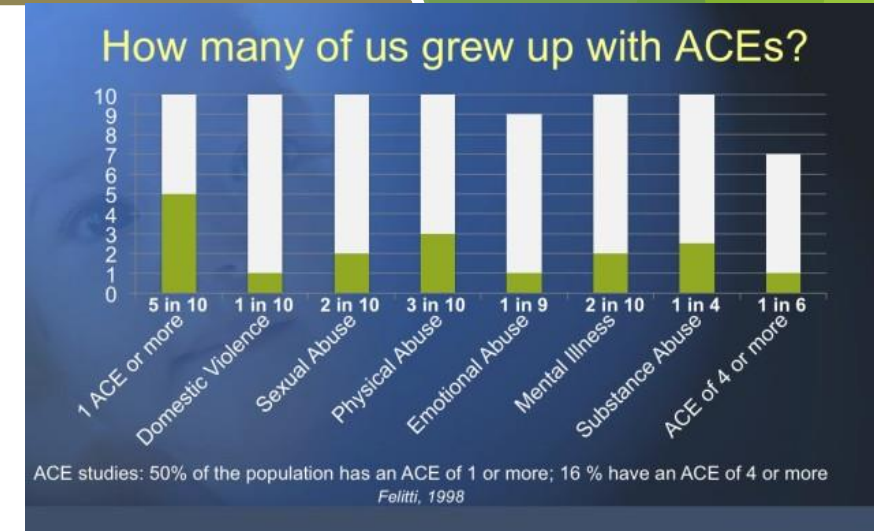
- ▶ ACEs are the root cause of many of society's most pressing health problems as well as tremendous social costs in morbidity, mortality and quality of life.
- ▶ Please take a moment to read through the original ACEs questionnaire and privately calculate your own ACE score.



Adverse Childhood Events (ACEs)

A person with 4 or more ACEs is:

- 12x as likely to attempt suicide
- 10x as likely to use drugs intravenously
- 7x as likely to be an alcoholic
- 5x as likely to suffer from depression
- 2x as likely to have heart disease or cancer
- 4x as likely to be a **perpetrator** of domestic violence;
3x as likely to be a **victim**.
- Significantly more likely to drop out of high school, be involved in the criminal justice system, and/or live in poverty.



Childhood Trauma Action Team

- ▶ Priority actions include:
 - ▶ Promotion of ACEs awareness to parent, providers, policymakers
 - ▶ Building resiliency skills through ongoing trainings across communities, health, social services, law enforcement, and education systems
 - ▶ The Champion Project: a new project designed to provide advocacy and support to children who have experienced trauma



Challenge: Childhood trauma and adverse childhood experiences (ACEs) have an extremely negative impact on the health, safety, and well-being of individuals and our community. They lead to harmful health behaviors, poor performance at school and work, and higher risk for serious health conditions in adulthood. The county's rates of child abuse and domestic violence calls for help are among the highest in California. Thousands of children are being raised by grandparents, and 28% of county households face severe housing problems.

Vision: All children grow up in stable and supportive families, and families have support in times of crisis.

Possible strategies:

- Educate community members and leaders about the impact of adverse childhood experiences (ACEs).
- Increase support for at-risk families, including parents struggling with substance abuse.
- Develop and promote local policies that strive to prevent childhood trauma.

Signs of Safety in Mendocino

► Bringing child protection philosophy and tools to community partners

▫ Department of Family & Children Services ▫ Foster Care Agencies Organizational Providers ▫ Transition Aged Youth Providers ▫ Family Resource Centers, ▫ Juvenile Probation ▫ Schools ▫ Tribes ▫ Medical professionals

Helping to prevent child abuse and neglect is a shared community responsibility.



Community
Partner
Collaboration

Training Opportunities



Signs of Safety

Signs of Something

Motivational
Interviewing

SOS Best
Practices

Critical
Case
Consults

Differential
Response

Trauma
Informed
Awareness

Learning
Labs

Organizational
Implementation

Community
Resiliency Model



Mendocino Signs of Safety Community Implementation Team

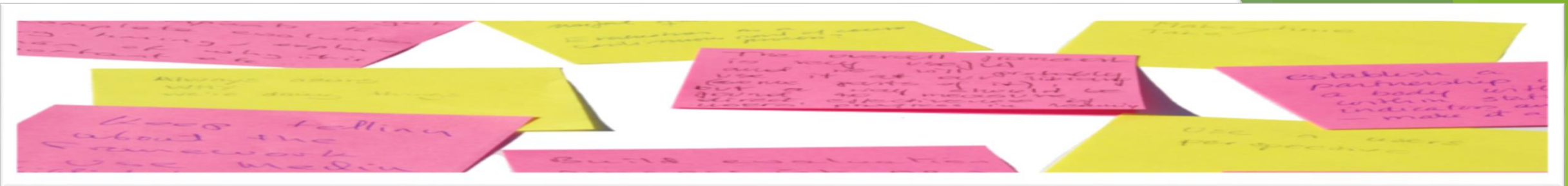
Mission:

To work together to find practical ways the Signs of Safety approach can unify our services so children, youth and families experience a connected, honoring and supportive engagement for the wellbeing of our community.

Vision:

Unifying community services through Signs of Safety for the wellbeing of children, youth and families.





2017 → 2020 Trajectory

- ▶ Collaboration & problem solving across agencies, schools, service providers
- ▶ Utilizing common language and practices through Signs of Safety to provide services and support
- ▶ Meeting the needs and increasing the well-being of all families in our community.





RESILIENCY

"Resilience is the ability to adapt well to adversity, trauma, tragedy, threats, or even significant sources of stress."
-American Academy of Pediatrics

"Resilience is important because it is the human capacity to face, overcome and be strengthened by or even transformed by the adversities of life."
-Edith Grotberg, 1995.



and COMMUNITY EDUCATION

Portraits of Professional Caregivers (March 2017)



Paper Tigers
(April 2016)



RESILIENCY

Community Training



Community Resiliency Model (CRM)
(Oct. 2016)



CRM Train the Trainer (Feb. 2017)

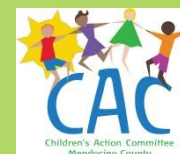
CO-SPONSORS:



Consolidated Tribal Health Project, Inc.

Ukiah Valley Medical Center

Adventist Health



RESILIENCY

Community Training

Triple P is recognized by the American Academy of Pediatrics as resiliency building resource for families.

How does Triple P foster resilience?

- Building parents' confidence and self-success
- Building attachment and nurturing relationships
- Building social connections
- Meeting basic needs
- Learning about parenting and how children grow
- Building social and emotional skills



RESILIENCY

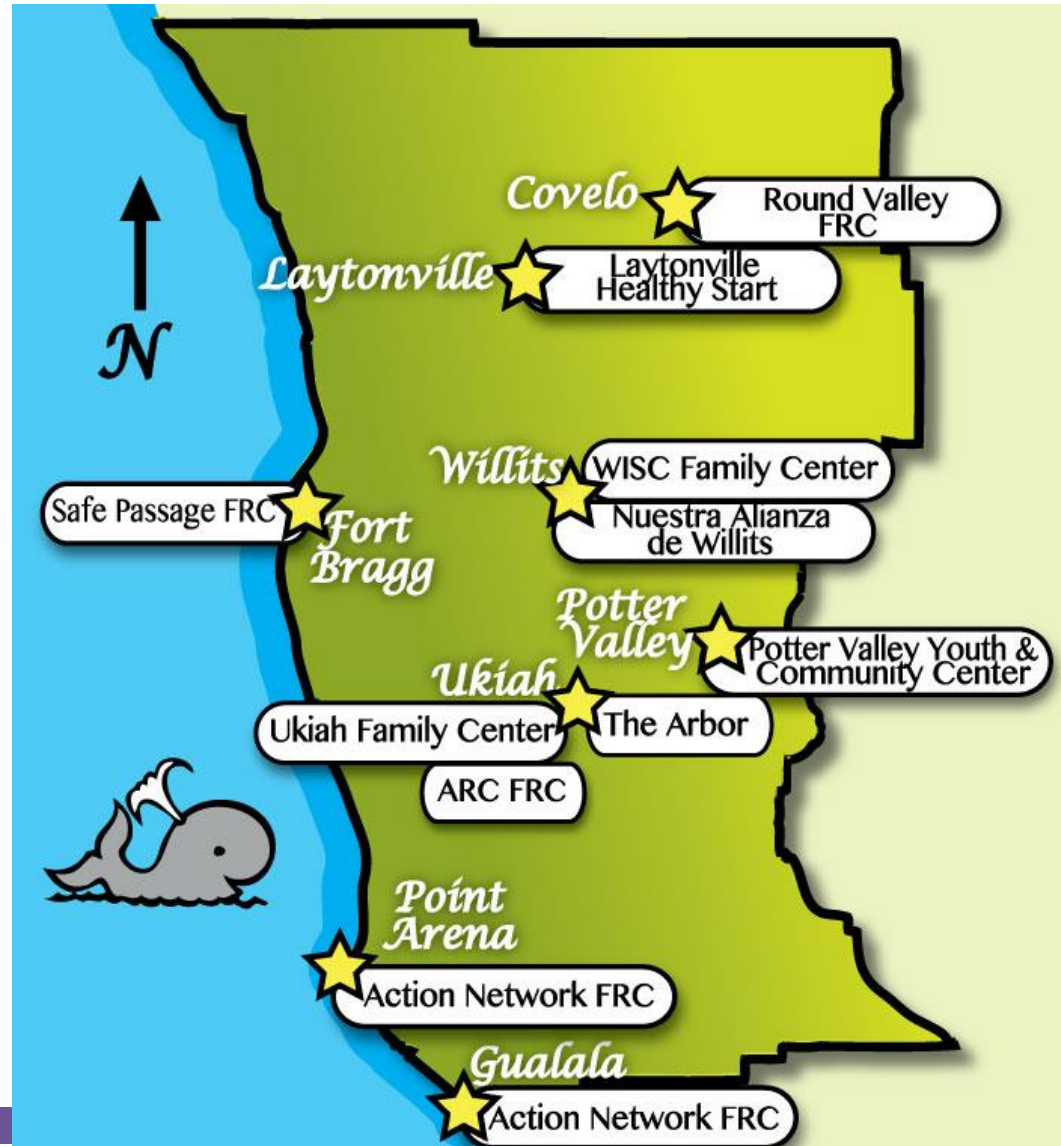
Outcomes & Indicators

- ▶ Parents and children can “stretch” their nervous systems to diffuse the effects of trauma in their past or current exposure
- ▶ Parents feel less stress when parenting
- ▶ Service providers use the stress management skills themselves, in their agencies, and continue to teach their clients
- ▶ Mendocino County sees a decrease in:
 - ▶ Child abuse
 - ▶ Child behavior issues
 - ▶ Family stress
 - ▶ Chronic truancy



FAMILY RESOURCE CENTER NETWORK OF MENDOCINO COUNTY

- ▶ 11 Family Resource Centers
- ▶ Served over 6,000 Mendocino County children & families in 2016
- ▶ “Standards of Quality for Family Strengthening and Support” certification training to over 20 agencies



- In 2017-18 we hope to strengthen our partnership with mental health service providers, increase collaboration with Mendocino County Health & Human Services Agency, and continue to be a hub of services and supports in our respective communities

The Five Protective Factors

#1 Social connections

Parents need friends.



Laytonville Healthy Start offers a weekly playgroup where activities take place with children and parents such as art.



Kim Ghezzi, Early childhood Educator, leading Music Together Class for children 0-5 and their caregivers at Action Network FRC.

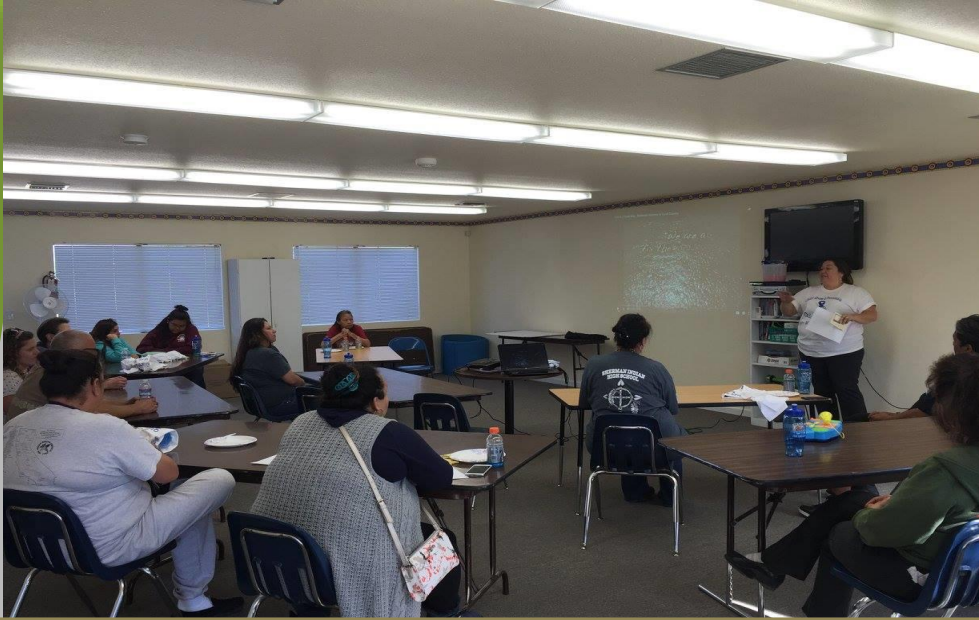


Potter Valley Youth and Community Center offers Play Pals Playgroups, where parents and children can come play and make new friends!

The Five Protective Factors

#2 Knowledge of parenting and child development

Being a great parent is “part natural and part learned.”



- The Round Valley Family Resource Center focuses on assisting and supporting parents through current active workshops on Fatherhood/Motherhood is Sacred, which is an educational solution-based curriculum offered on a weekly basis year round at the FRC.



*Mama y Yo Playgroup
at ARC FRC.*

The Five Protective Factors

#3 Social and emotional competence of children and youth

Parents need to respect their children and help them communicate.



Preschoolers develop social skills in the classroom and the garden during “Get Set for Kindergarten” class at Safe Passage FRC.



Pictured are teens and children participating in the Laytonville Healthy Start Summer Program. Teens are hired from the community and learn child development skills to work with children that carry throughout their lives.

The Five Protective Factors

#4 Concrete support in times of need

Everyone needs help sometimes.



Generous community members donate clothing and school supplies that FRC's can share with those in need.

ARC FRC Community Dinner.
The purpose was to bring the community together to discuss and determine the community concerns and what services are needed.



The Five Protective Factors

#5 Parental resilience

Be strong and flexible.



The entire community of Round Valley is welcomed with a warm smile and are well aware the FRC will continue to help support families year round.



*An Arbor family enjoys
each other during the
Easter Egg hunt.*

WE NEED BOARD OF SUPERVISORS SUPPORT

- ▶ CONTRACT WITH FRCS AND OTHER COMMUNITY BASED ORGANIZATIONS
- ▶ COMMIT TO LOCAL MARIJUANA TAX REVENUE TO FUND PROGRAMS FOR CHILDREN
 - ▶ August 16, 2016, the BOS adopted a policy statement recommending 20% of statewide tax revenue generated from marijuana and marijuana-related product sales, wholesale or retail, must be earmarked for local prevention activities including public awareness campaigns devoted to the impacts of marijuana on youth and pregnant women; addressing the impact of marijuana on the developing brain, the risks of second-hand smoke, the legal implications of use by youth, and the potential adverse impact of use on future life opportunities. (Policy Statement on Marijuana and Youth - Draft 5) Being the local mental health initiative failed in the November election, we will be asking this board in May that this 20% commitment come from LOCAL tax revenue and not STATE.

BECAUSE IF
WE DON'T,
THIS WILL
BE THE
HEADLINE



**Mendocino Gets
Rocked**
How One
Community
Went
Astray