

PROCLAMATION

OF THE MENDOCINO COUNTY BOARD OF SUPERVISORS

RECOGNIZING APRIL 2020 AS NATIONAL ALCOHOL AWARENESS MONTH IN MENDOCINO COUNTY

WHEREAS, the National Council on Alcoholism and Drug Dependence established Alcohol Awareness Month in 1987 to increase awareness by spreading information locally, statewide and nationwide; and

WHEREAS, an estimated 88,000 people (approximately 62,000 men and 26,000 women) die from alcohol-related causes annually, making alcohol the third leading preventable cause of death in the United States (<https://www.niaaa.nih.gov/alcohol-health/overview-alcohol-consumption/alcohol-facts-and-statistics>); and

WHEREAS, young people who begin drinking before age 15 are more than 40% more likely to develop alcohol dependence than those who begin drinking after age 18 (Dawson, D.A. et.al., Age at First Drink and the First Incidence of Adult Onset Alcohol Use Disorders); and

WHEREAS, 48% of 11th grade students in California between 2015 and 2017 reported having their first drink before the age of 18; and

WHEREAS, between 2015 and 2017, 43% of California's 11th grade students reported trying alcohol at least once in their lifetime, while 29% reported having had alcohol within the past 30 days; and

WHEREAS, the rate of alcohol-related visits to U.S. emergency departments increased by nearly 50% between 2006 and 2014 (www.niaaa.nih.gov/news-events/news-releases/nih-study-shows-steep-increase-rate-alcohol-related-er-visits); and

WHEREAS, 5,000 youth under age 21 die annually from alcohol related injuries involving underage drinking, which includes motor vehicle crashes, homicides, and suicides (<http://www.ncadd.org/images/stories/PDF/factsaboutunderagedrinking.pdf>); and

WHEREAS, 38.7% of Mendocino County adults report binge drinking at least once per year (<http://www.healthymendocino.org/indicators/index/view?indicatorId=62&localeId=260>); and

WHEREAS, Health and Human Services Agency, Behavioral Health and Recovery Services, is dedicated to providing substance use disorders treatment, raising awareness of statistics, and educating the community about the causes and effects of alcoholism.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims the month of April, 2020 as:

"National Alcohol Awareness Month in Mendocino County".

Dated: April 7, 2020



John Haschak, Chair