

To: whom it may concern

The air quality in California right now is terrible. It is ridiculous to me that gyms are not allowed to be open safely indoors. I understand the risk of COVID-19 and I do not believe that it is more threatening than the risk of individuals declining mental health. I, for one, cannot function properly without at least getting cardio in for the day and I know many people who have said their mental health is deteriorating between being in a pandemic, the potential to lose their home because of the ca wildfires and not being allowed inside their gym to avoid smoke inhalation and still remain active. I am urging you to consider safely opening gyms inside. I see firsthand how diligent the members of my gym are at cleaning each piece of equipment before and after use, also the gym owners have followed every precaution necessary to stay open. They have UV lights that kill germs in their filtration system and air purifiers in every corner. Please consider letting gyms safely operate Indoors. For the health and well being of yours and my community.

Sincerely,
Julia Young