



Mendocino County  
Behavioral Health and Recovery Services

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Mental Health Treatment Act  
Citizens' Oversight Committee  
Activities  
&  
Years-in-Review Report  
2018-2020

# Behavioral Health and Recovery Services Status Recap of Mental Health Treatment Act Citizen's Oversight Committee Activities

## Measure B Current Projects and Status

### Crisis Residential Treatment Facility

The Crisis Residential Treatment Facility (CRT) is an eight to ten bed, short-term mental health facility designed to serve individuals who are experiencing acute psychiatric crisis and whose adaptive functioning is moderately impaired. CRTs provide short-term, intensive and supportive services in a home-like environment through an active social rehabilitation program that is certified by the California Department of Health Care Services and licensed by the California Department of Social Services, Community Care Licensing Division and are designed to improve the lives and adaptive functioning of those they serve.

Nacht & Lewis was contracted with for predesign, design, and construction support services for Crisis Residential Treatment, Crisis Stabilization Unit, and Psychiatric Health Facility (PHF) in the amount of up to \$3,357,568. Nacht & Lewis has been working with County Facilities and Behavioral Health and Recovery Services on Construction of the facility at 641 S. Orchard Street. AECOM was contracted with as the Construction Project Management and Cuddles & Sons was contracted with for design and construction of the facility.

The facility broke ground in February 2021, the project is projected to be completed and serving clients in November 2021.

Funding for the facility consist of Measure B Capital Facility Funds and the California Health Facilities Financing Authority (CHFFA).

### Psychiatric Health Facility

The Psychiatric Health Facility (PHF) would be a 16- bed, Medi-Cal billable facility that is licensed by the State Department of Health Care Services and provides 24-hour inpatient care for individuals who due to a mental condition are suicidal, homicidal or gravely disabled. Over the last four years, the Measure B Committee has continued to discuss options related to building/remodeling a facility and the operating expenses. The County has continued to explore options for a Psychiatric Health Facility in Mendocino County.

Nacht & Lewis was contracted with for predesign, design, and construction support services for Crisis Residential Treatment, Crisis Stabilization Unit, and Psychiatric Health Facility (PHF) in the amount of up to \$3,357,568. The feasibility process that Nacht & Lewis was contracted to do regarding the PHF has been put on hold.

The County plans to own the building and land so that the County has control over provider cost, acceptance of clients, and standard of care.

Behavioral Health and Recovery Services issued a Request for Qualification for a potential provider and is in the process of reviewing applications submitted.

Next steps to consider: Resume contract with Nacht & Lewis related to the feasibility of the PHF.

## **Behavioral Health Training Center**

A Behavioral Health Training Center was purchased at 8207 East Road, Redwood Valley, CA. The property was purchased to provide a Behavioral Health Training Center and Sheriff's substation.

The Measure B Training Center Ad Hoc has been meeting and working with facilities on remodeling of the facility to provide upgrades and ADA compliance. The remodeling contract will be coming to the Board of Supervisors on March 23, 2021.

The Training Center will be available for use by behavioral health, first responders, and law enforcement. The facility offers a regional option for other counties and companies to rent for trainings and events.

## **Mobile Crisis Response Team Pilot**

The Measure B Committee recommended and the Board of Supervisors approved the development of mobile crisis response teams between law enforcement and Behavioral Health and Recovery Services. The teams respond and provide crisis support, outreach and engagement during emergency responses concerning mental health needs within the community.

The Behavioral Health and Recovery Services Department is working with Mendocino County Sheriff's Office and Ukiah Police Department on developing these teams. The current model consist of the Sheriff's Office having two teams and Ukiah Police Department having one team. Behavioral Health and Recovery Services has hired our first team member and we are in the process of recruiting for two additional staff.

The team is in the process of finalizing a MOU between Behavioral Health and Recovery Services, Mendocino County Sheriff's Office and Ukiah Police Department. The approved budget for this program is \$340,000 per year for Four (4) years.

## **Crisis Assessment and Psychiatric Hospitalization Aftercare**

The Measure B Committee recommended and the Board of Supervisors approved contracting with a community agency to provide follow-up services to all individuals not eligible for county Medi-Cal services being discharged from a psychiatric hospital stay or receiving a crisis (5150)

assessment. Services include case management, linkage, medication management, and rehabilitation.

Behavioral Health and Recovery Services has finalized negotiations with the provider and a contract will be going to the Board of Supervisors for approval in April. The approved budget for this program is \$260,000 per year for Four (4) years.

## Community Education, Awareness, and Support

The Measure B Committee recommended and the Board of Supervisors approved to contract with a community agency to provide community education and trainings around mental health to law enforcement, physicians, community leaders, and community members to reduce discrimination and stigma. In addition, the contracted agency will assist individuals and families in navigating the community mental health resources and services.

Behavioral Health and Recovery Services has drafted a Request for Proposal that will be released soon. The approved budget for this program is \$350,000 per year for Four (4) years.

## Mental Health Treatment Act Citizens Oversight Committee Years-in-Review

### January – December 2018

In 2018, the Mendocino County Board of Supervisors enacted the Mental Health Treatment Act Citizen's Oversight Committee and appointed members. The Measure B tax went in to effect on April 1, 2018.

The Mental Health Treatment Act Citizen's Oversight Committee elected officers, set a meeting calendar and created a Mission Statement. The Committee also received Brown Act training and adopted rules of procedures.

- Received presentation on:
  - Overview of Mental Health System
  - Psychiatric Health Facility (PHF)
  - Funding streams
  - Orchard Street
  - Howard Hospital
  - Redwood Community Services (RCS)/Adventist
  - Mobile Outreach & Prevention Services (MOPS)
- Recommendations/Request from Committee to the Board of Supervisors:
  - Hiring Kemper Consulting Group for inventory of Mental Health services
  - County Counsel to provide legal services to the Mental Health Treatment Act Citizen's Oversight Committee, which was approved by the Board of Supervisors

- Board of Supervisor Approved:
  - Appointments to the Mental Health Treatment Act Citizen’s Oversight Committee
  - Approval of Agreement with Kemper Consulting Group to Provide Mental Health Needs Assessment Services in the Amount of \$40,000, Effective Upon Execution of Agreement through December 31, 2018
  - Approval of Amendment to Agreement with Kemper Consulting Group Adding Additional Funding of \$28,000 to Provide Mental Health Needs Assessment Consulting Services for the Period of May 1, 2018 through December 31, 2018, For a New Not to Exceed Agreement Amount of \$68,000

The Kemper Consulting Report was received and reviewed by the committee.

## January – December 2019

In 2019, the Mental Health Treatment Act Citizen’s Oversight Committee received legal update from County Counsel regarding Public Contract Code (PCC) and hired Sarah “Sally” Riley for Public Contract construction consultation services. The Kemper reported was accepted as a guideline for the Mental Health Treatment Act Citizen’s Oversight Committee to make recommendations to the Board of Supervisors regarding program, priority, and funding. The committee also recommended the hiring of a Project Manager to assist the Mental Health Treatment Act Citizen’s Oversight Committee with their goals.

- Received presentation on:
  - County Process in relation to public works projects and compliance with associated rules and regulations
  - Overview of County Specialty Mental Health Services
  - Brown Act
  - “Suicide by Cop”
  
- Recommendations/Request from Committee to the Board of Supervisors:
  - Request for Proposal (RFP) regarding feasibility study for Crisis Stabilization Unit (CSU), Crisis Residential Treatment (CRT), and Psychiatric Health Facility (PHF) to the Board of Supervisors
  - To explore utilizing Measure B funds for the development of a Crisis Stabilization Unit (CSU), Crisis Residential Treatment (CRT), and Psychiatric Health Facility (PHF)
  - Direct staff to research options associated with such facilities, including design/bid/build and potential property or facility locations
  - Requested adoption of resolution for the classification of Administrative Project Manager – Measure B
  - Purchase of the Behavioral Health Training Center at 8207 East Road, Redwood Valley, CA

- To authorize the expenditure of up to \$35,000 of Measure B funds to acquire the wireless sound system specified by the County Information Services Division
  - To allocate up to \$50,000 of Measure B Funds to begin improvements to the Regional Behavioral Health Training Facility, with an additional amount up to \$200,000, for a total of \$250,000
  - To allocate up to \$30,000 of Measure B funds for grant writers, and authorize the County Mental Health Director to administer the authorization of the grants
  - To allocate expenditure of up to \$200,000 of Measure B funds to finalize improvements to the Regional Behavioral Health Training Facility located at 8207 East Road, Redwood Valley
  - Approve the Architectural Services Agreement with Nacht & Lewis for predesign, design, and construction support services for Crisis Residential Treatment, Crisis Stabilization Unit, and Psychiatric Health Facility in the amount of up to \$3,357,568, effective when Agreement becomes fully executed through June 30, 2022
- Board of Supervisor Approved/Authorized:
    - County Counsel to provide legal services to the Mental Health Treatment Act Citizen's Oversight Committee, with condition that County Counsel provides a monthly update to the Board on time the allocated accordingly.
    - Directed staff to proceed with researching options associated with the development of Crisis Residential Unit(s), Crisis Stabilization Unit(s), Crisis Treatment Unit(s), and 24 Hour Psychiatric Health Facility utilizing Measure B funds, including design, bid, and/or build potential properties or facilities locations. Said options to be presented to the Board of Supervisors at a future meeting for discussion and/or direction as appropriate.
    - Resolution authorizing the adoption of the classification of Administrative Project Manager – Measure B
    - Approval of Expenditure of up to \$50,000 of Measure B Funds (Fund 1224/Budget Unit 4052 Mental Health Treatment Act) to Begin Improvements to the Regional Behavioral Health Training Facility Located at 8207 East Road, Redwood Valley
    - Approval of Expenditure of up to \$30,000 of Measure B Funds (Fund 1224/Budget Unit 4052, Mental Health Treatment Act) for Grant Writer Services
    - Approval of Submission of Letter to the California Health Facilities Financing Authority Evidencing Mendocino County's Intent to Use Measure B Mental Health Treatment Act Funding, Along With \$500,000 in Mental Health Wellness Grant Funding, to Develop a Crisis Residential Treatment Program; Discussion and Possible Action Including Approval of Allocation of up to \$278,000 of Measure B Funds for the Purchase of Real Property Located at 8207 East Road, Redwood Valley for a Regional Behavioral Health Training Facility/Mendocino County Sheriff Sub-Station

- Approval the Purchase of Real Property, Located at 8207 East Road, Redwood Valley, for a Regional Behavioral Health Training Facility/Mendocino County Sheriff Sub-Station
- Adoption of Resolution Authorizing the Adoption of the Classification of Administrative Project Manager - Measure B and Changes to the Position Allocation Table as Follows: Budget Unit 1020, Add 1.0 FTE Administrative Project Manager - Measure B

## January – December 2020

In 2020, the Mental Health Treatment Act Citizen’s Oversight Committee asked the Behavioral Health Advisory Board to provide recommendations on prevention and early intervention service gaps and programs that could be funded through Measure B Funds. The committee also recommended moving forward on an RFP for Crisis Residential Treatment Facility Operator and RFQ/RFI for an interested party to operate an inpatient psychiatric facility in Mendocino County.

- Received presentation on:
  - Nacht & Lewis – Crisis Residential Treatment Facility
- Recommendations/Request from Committee to the Board of Supervisors:
  - Measure B Project Manager hire one analyst and one part-time staff assistant at .25 FTE.
  - Approval of the building plan and operational cost for the training facility
  - To allocate Measure B funds in the amount not to exceed one-million dollars to local community-based agencies. These funds would be allocated from the Services and Operations allotment and would be used to support and extend Behavioral Health services which are being impacted due to the COVID-19 event
  - To allocate up to \$1000 annually for the purchase and use of Monday.com Project Management software for the life of the Measure B facilities fund
  - To create a 6.85% Prudent Reserve for Measure B funds in accordance with Mendocino County policy and procedure
  - To allocate \$430 for Sonoma Sweepers to provide weed abatement on the CRT/Orchard Ave property
  - Renewal of contract with Sally (Sarah) Riley not to exceed \$20,000 for 12 months
  - A one-time allocation of One Million - Three Hundred Thousand dollars (\$1,300,000) to purchase and renovate or build permanent supportive housing for individuals on the coast who are homeless, chronically homeless, or at risk of chronic homelessness who have a mental health condition
  - Allocate \$350,000 per year for four years (1.4 million dollars total) for community education and support in the amount; and authorizing the Behavioral Health Director to award and sign-off on said contract
  - Allocate two-hundred sixty thousand dollars (\$260,000) per year for four (4) years (\$1,040,000 total) to provide follow-up services to all individuals not

- eligible for County services being discharged from a psychiatric hospital stay, receiving a 5150 crisis assessment
  - Development of a Mobile Crisis Team in partnership with local law enforcement to be reviewed in six months and allocate Three Hundred Forty Thousand Dollars (\$340,000) per year for 4 years to fund three Mental Health Rehabilitation Specialist for the Mobile Crisis Team program
  - Crisis Residential Treatment Facility project continues from the design phase to the Construction Management, and construction phases for 3.7 million dollars
  - Approval of a gun locker for the Behavioral Health Regional Training Center in the amount of \$7,796.00.
- Board of Supervisor Approved:
  - Approval of Request from Mental Health Treatment Act Citizen's Advisory Committee for Board of Supervisors to Direct County Counsel to Conduct Legal Evaluation, Research Analysis, and Assessment of Adventist Health Partnership Legality; Including Restriction, Necessary Control, Implications, and Compliance Regarding the Possible Use of Public Tax Dollars to Fund Operations of a Private Entity
  - Authorization for County Counsel to Share With the Mental Health Treatment Act Citizens Oversight Committee a Legal Memorandum Responding to the Questions in the December 24, 2019 Memo From the Measure B Project Manager to the Board of Supervisors
  - Adoption of Resolution Amending the Position Allocation Table as Follows: Budget Unit 4052: Add .25 FTE Staff Assistant II; as Administrative Clean-Up Move 1.0 FTE Administrative Project Manager - Measure B from Budget Unit 1020 to Budget Unit 4052
  - Approval of the Use of Measure B Funds in the Amount of \$1,000 Annually for the Next Three Years, for a Total Amount of \$3,000, to Purchase a License for Monday.com, a Cloud Accessible Project Management Software
  - Approval to Establish a Prudent Reserve of Measure B Funds and to Transfer 6.85% of the Balance of Measure B Funds into the Prudent Reserve on June 30th Each Fiscal Year for Measure B Facilities and Services
  - Approval of Use of Measure B Capital Facilities Funds in the Amount of \$430 for Sonoma Sweeper's, Inc. to Provide One-Time Landscaping Maintenance at the Proposed Location of the Measure B Crisis Residential Treatment Facility Located at 641 South Orchard Avenue, Ukiah
  - Approval to allocate \$350,000 per year for four years of Measure B Service funds for community education and support in the amount
  - Approval to allocate two-hundred sixty thousand dollars (\$260,000) per year for four (4) years of Measure B Service funds to provide follow-up services to all individuals not eligible for County services being discharged from a psychiatric hospital stay, receiving a 5150 crisis assessment



- Approval to allocate \$340,000 per year over a four year period of Measure B Service funds to fund three Mental Health Rehabilitation Specialist positions for a pilot Mobile Crisis Response Team.
- Approval to allocate \$3,700,000 in Measure B Facility funds toward the construction of a Crisis Residential Treatment Facility on Orchard Avenue in Ukiah, which includes contracting with AECOM to provide construction management services from the pre-construction Phase through completion