



Mendocino County

Legislation Text

File #: 17-1083, Version: 1

To: Board of Supervisors

From: Human Resources

Meeting Date: December 19, 2017

Department Contact: Heidi Dunham

Phone: 234-6600

Department Contact: Cherie Johnson

Phone: 234-6600

Item Type: Consent Agenda

Time Allocated for Item: N/A

Agenda Title:

Approval of Agreement with Health Fitness Corporation in the Amount of \$110,000 to Provide Wellness and Prevention Related Services to the County's Wellness Program For the Period of January 1, 2018, Through December 31, 2018, for County Employees and their Eligible Dependents

Recommended Action/Motion:

Approve Agreement with Health Fitness Corporation in the amount of \$110,000 to provide wellness and prevention related services to the County's Wellness Program for the period of January 1, 2018, through December 31, 2018, for County employees and their eligible dependents; and authorize Chair to sign same.

Previous Board/Board Committee Actions:

N/A

Summary of Request:

Health Fitness Corporation has been providing wellness services to County employees and their eligible dependents since 2015. A tailored approach to the employee wellness program includes services such as fitness challenges, lifestyle coaching and health assessments. Beginning January 1, 2018, Health Fitness will also be providing prevention services in the form of biometric screenings and flu shots for all County employees and their eligible dependents.

Staff is requesting approval of agreement with Health Fitness Corporation for the period of January 1, 2018 through December 31, 2018. Staff also requests authorization for the Human Resources Director to approve and sign future amendments to the contract that do not exceed a 5% annual increase over existing rates, for a period not to exceed three years; and authorize Chair to sign same.

Alternative Action/Motion:

Return to Human Resources with further direction.

Supplemental Information Available Online at: N/A.

Fiscal Impact:

File #: 17-1083, Version: 1

Source of Funding: 4025 862189
Current F/Y Cost: \$82,000

Budgeted in Current F/Y: Yes
Annual Recurring Cost: \$110,00

Supervisory District: All

Vote Requirement: Majority

Agreement/Resolution/Ordinance Approved by County Counsel: Yes

CEO Liaison: Janelle Rau, Deputy CEO

CEO Review: Yes

CEO Comments:



FOR COB USE ONLY

Executed By: Nadia Tipton

Final Status: **Approved**

Date: December 21, 2017

Executed Item No.: **Agreement** Number: 17-159

Note to Department:

Executed Documents Returned to

Department: Originals 4 Copies

 Hand Delivered 2

Interoffice Mail Executed Agreement
Sent to Auditor? Y