



Mendocino County

Legislation Text

File #: 21-0869, **Version:** 1

To: Board of Supervisors

From: Probation

Meeting Date: August 3, 2021

Department Contact: Izen Locatelli

Phone: 234-6911

Item Type: Consent Agenda

Time Allocated for Item: N/A

Agenda Title:

Approval of Agreement with Izmael David Arkin dba Mendocino County Aikido in the Amount of \$93,375 to Provide Aikido, Mindfulness Meditation, and Trauma Resiliency and Emotional Regulation Skill Development Programming Services to In-Custody and Out-of-Custody Youth for the Period of Date of Full Execution of Agreement through June 30, 2024

Recommended Action/Motion:

Approve Agreement with Izmael David Arkin dba Mendocino County Aikido in the amount of \$93,375 to provide Aikido, Mindfulness Meditation, and Trauma and Resiliency and Emotional Regulation Skill Development programming services to in-custody and out-of-custody youth for the period of date of full execution of Agreement through June 30, 2024; authorize the Chief Probation Officer to sign any future amendments to the Agreement that do not increase the total amount of the Agreement; and authorize Chair to sign same.

Previous Board/Board Committee Actions:

N/A

Summary of Request:

Mendocino County Aikido will provide the Peaceful Warrior Project to in-custody youth for 50 weeks per year and out-of-custody Probation referred youth to contract limits. The Peaceful Warrior Project consists of Aikido, Mindfulness Meditation, and Trauma Resiliency and Emotional Regulation Skill Development programming services through which youth develop critical life skills including respect, focus, perseverance, self-awareness, compassion and self-discipline. The primary program objectives are to provide specific practical tools that youth can utilize to establish calm when stressed, increase range of challenging circumstance in which youth can appropriately respond in order to establish feeling of internal safety and to increase overall quality of decision making. The secondary program objectives are to provide youth access to a positive, economically viable, easily accessible community activity in which they can be exposed to other positive, happy, health contributing youth and adults. In addition, to expose youth to a noncompetitive physical activity that provides opportunity to work hard without consequences of failure and judgment.

Alternative Action/Motion:

Return for additional options or information.

How Does This Item Support the General Plan? N/A

Supervisory District: All

vote requirement: Majority

Supplemental Information Available Online At: N/A

Fiscal Details:

source of funding: Youthful Offender Block Grant (YOBG)

current f/y cost: \$31,125.00

annual recurring cost: \$31,125.00

budget clarification: 862189

budgeted in current f/y: Yes

if no, please describe:

revenue agreement: No

Agreement/Resolution/Ordinance Approved by County Counsel: Yes

CEO Liaison: Steve Dunncliff, Deputy CEO

CEO Review: Yes

CEO Comments:

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Executed By: Atlas Pearson, Deputy Clerk I

Date: August 4, 2021

Final Status: **Approved**

Executed Item Type: Agreement **Number:** 21-151

Note to Department Number of Original Agreements

Returned to Dept: 0 Original Agreement Delivered to Auditor?

No

